

# MPSSAA 3A East Region Championships HS

**OFFICIAL** 📅 Tue, Feb 4, 2025 📍 Prince George's Sports & Learning Complex - Indoor Track, MD US

## Mens Results

### 55 Meter Dash Varsity - Finals

1.	11	Zachary Braden	6.42a SR	Great Mills
2.	11	Kyion Greenwood	6.50a	Edgewood
3.	9	Malachi Robinson	6.55a PR	Edgewood
4.	11	Femi Fekoya	6.61a	Reservoir
5.	12	Karell Clement	6.64a	River Hill
6.	12	Delbert Cowesette	6.64a	Atholton
7.	10	Jason Smith	6.68a	Reservoir
8.	12	Keshon Tate	6.72a	Oakland Mills
9.	11	Levi Pack	6.74a	Howard
10.	12	Yusuf Shabazz	6.74a	River Hill
11.	11	Daylon Washington	6.76a	St Charles
12.	11	Ryan Rimmer	6.77a	River Hill

### 55 Meter Dash Varsity - Prelims

1.	11	Zachary Braden	6.48a	Great Mills
2.	11	Kyion Greenwood	6.57a	Edgewood
3.	11	Femi Fekoya	6.59a	Reservoir
4.	12	Karell Clement	6.60a	River Hill
5.	9	Malachi Robinson	6.64a	Edgewood
6.	10	Jason Smith	6.64a	Reservoir
7.	11	Ryan Rimmer	6.65a PR	River Hill
8.	12	Keshon Tate	6.67a PR	Oakland Mills
9.	12	Delbert Cowesette	6.68a	Atholton
10.	12	Yusuf Shabazz	6.71a PR	River Hill
11.	11	Levi Pack	6.72a PR	Howard
12.	11	Daylon Washington	6.72a	St Charles
13.	10	Ki'ahn Hamlett	6.84a	Marriotts Ridge
14.	10	Tyler Rabey	6.87a	Oakland Mills
15.	10	Moe Ben Aya	6.87a	Howard
16.	11	Jaiden Hill	6.88a	Guilford Park
--	11	Reece Thimote	DNS	Long Reach
--	12	Dominic Wyant	DNS	Northern

### 300 Meters Varsity - Finals

1.	11	Zachary Braden	34.76a PR	Great Mills
2.	12	Gabriel Murray	34.86a	Oakland Mills
3.	12	Karell Clement	35.96a	River Hill
4.	10	Jason Smith	36.20a PR	Reservoir
5.	12	Keshon Tate	36.20a	Oakland Mills
6.	12	Malachi Griffin	36.85a SR	Howard
7.	12	Isaac Ramsey	36.97a	Oakland Mills
8.	11	Javier Hernandez	37.05a PR	Long Reach
9.	9	Jordan Etheridge	37.09a	Long Reach
10.	11	Daniel Abodunrin	37.29a	Reservoir
11.	12	Ajani Miller	37.59a	St Charles
12.	11	Levi Pack	37.95a	Howard

## Womens Results

### 55 Meter Dash Varsity - Finals

1.	12	Sydney Rhodes	7.12a PR	Howard
2.	11	Nyia Bedell	7.18a PR	Howard
3.	12	Bianca Durant	7.31a PR	Howard
4.	12	Gabrielle Millwood	7.33a	Atholton
5.	11	Jaidyn Augustine	7.42a	Marriotts Ridge
6.	9	Rozelyn Sarfo	7.45a PR	Oakland Mills
7.	10	Mya Summers	7.45a	Northern
8.	11	Jamison Smith	7.51a PR	Reservoir
9.	12	Iyona Brown	7.63a	Reservoir
10.	10	Jordyn Harriston	7.68a	Oakland Mills

### 55 Meter Dash Varsity - Prelims

1.	12	Sydney Rhodes	7.19a	Howard
2.	12	Gabrielle Millwood	7.28a SR	Atholton
4.	11	Nyia Bedell	7.34a	Howard
3.	12	Bianca Durant	7.35a	Howard
5.	10	Mya Summers	7.37a	Northern
6.	11	Jaidyn Augustine	7.40a SR	Marriotts Ridge
7.	9	Rozelyn Sarfo	7.49a	Oakland Mills
8.	10	Jordyn Harriston	7.51a	Oakland Mills
9.	12	Iyona Brown	7.53a	Reservoir
10.	11	Jamison Smith	7.59a	Reservoir
11.	10	Kami Brock	7.61a PR	St Charles
12.	10	Kymora Epps	7.65a PR	Long Reach
13.	11	Giovanna Hart	7.66a PR	Guilford Park
14.	11	Taylor Flynn	7.74a	Long Reach
15.	11	Mackensy Smith	7.74a	Oakland Mills
16.	10	Teresa Roberts	7.74a	Reservoir
17.	12	Arionna Johnson	7.75a	Northern
18.	9	Anna Wagner	7.83a	River Hill

### 300 Meters Varsity - Finals

1.	11	Kendall Hall	40.47a	Long Reach
2.	12	Bianca Durant	41.62a PR	Howard
3.	10	Mya Summers	41.84a SR	Northern
4.	10	Favor Udeochu	41.90a	Atholton
5.	9	Payton Buchanan	42.37a	Oakland Mills
6.	9	Jacey Void	42.56a PR	St Charles
7.	10	Jordyn Harriston	43.09a	Oakland Mills
8.	10	Codi Malott	43.16a	Oakland Mills
9.	11	Lotus Wise	43.26a PR	Stephen Decatur
10.	12	Gabrielle Millwood	43.57a	Atholton
11.	10	Audrey Gutekunst	43.84a	Great Mills
12.	10	Charleigh Logan	44.07a	Guilford Park
13.	10	Kami Brock	44.30a SR	St Charles
14.	10	Lyric Stevenson	44.44a	Long Reach

13.	10	Julien Gary	38.04a	River Hill
14.	12	Dominic Wyant	38.29a	Northern
15.	12	Hayden Pizza	38.71a	Chopticon
--	10	Nicolas (Nick) Robe...	DNS	River Hill
--	12	Kamarja Rodgers	DNS	St Charles
--	11	Reece Thimote	DNS	Long Reach

15.	9	Kaitlyn Alford	44.53a PR	Howard
16.	10	Kymora Epps	44.76a	Long Reach
17.	10	Kiley Okechukwu	45.01a	Reservoir
18.	9	Anna Wagner	45.36a	River Hill

### 500 Meters Varsity - Finals

1.	12	Solomon Small	1:08.83a	Oakland Mills
2.	10	Fatai Sule	1:09.15a PR	Reservoir
3.	12	Anthony Thompson Jr	1:09.16a PR	Oakland Mills
4.	12	Will Flagg	1:09.46a PR	Howard
5.	9	Derrick Lyons	1:09.77a PR	St Charles
6.	11	Javier Hernandez	1:09.86a PR	Long Reach
7.	12	David Irabor	1:09.91a PR	Atholton
8.	9	Jordan Etheridge	1:10.09a PR	Long Reach
9.	11	Connor Fries	1:10.97a PR	Mount Hebron
10.	12	Andrew Cline	1:11.10a PR	Reservoir
11.	12	Liam Hennigan	1:11.86a	Marriotts Ridge
12.	10	Matthew Saint Hilli...	1:12.07a PR	Long Reach
13.	12	Diego Escabi-Fuentes	1:12.57a PR	Oakland Mills
14.	10	Nathan Ryan	1:13.08a PR	Chopticon
15.	12	Maurice Biles	1:13.41a PR	James M Bennett
16.	12	William Padilla	1:13.48a PR	Bel Air
--	12	Ajani Miller	DNS	St Charles
--	12	James Browne	DNS	St Charles

### 500 Meters Varsity - Finals

1.	10	Eve Krout	1:18.51a	Bel Air
2.	10	Favor Udeochu	1:18.57a	Atholton
3.	11	Marella Virmani	1:19.20a	River Hill
4.	10	Caitlin Mullaney	1:19.53a PR	Northern
5.	11	Kendall Hall	1:19.83a	Long Reach
6.	12	Madeline Matthews	1:21.64a	Chopticon
7.	11	Lotus Wise	1:22.54a PR	Stephen Decatur
8.	11	Nyla Mathew	1:23.16a PR	Atholton
9.	10	Charleigh Logan	1:25.30a PR	Guilford Park
10.	12	Kaniyah Ervin	1:25.34a	Reservoir
11.	10	Patience Oyamo	1:26.30a	Guilford Park
12.	10	Nikita Mohan	1:27.50a	River Hill
13.	12	Mila Mitchell	1:28.49a	St Charles
14.	12	Chloe Powell	1:30.27a	Atholton
15.	10	Kayla Robinson	1:32.48a	Oakland Mills
--	9	Jacey Void	DNS	St Charles
--	10	Lyric Stevenson	DNS	Long Reach
--	11	Rachel Oyedeji	DNF	Oakland Mills

### 800 Meters Varsity - Finals

1.	12	Solomon Small	2:05.28a PR	Oakland Mills
2.	12	Isaiah Thomas	2:05.38a	Long Reach
3.	12	Will Flagg	2:05.86a	Howard
4.	11	Colton Longobardi	2:06.35a	Chopticon
5.	12	Rayyan Dheini	2:07.07a	Howard
6.	11	Collin Pennington	2:07.39a PR	Stephen Decatur
7.	12	Juho Bay	2:08.33a PR	Marriotts Ridge
8.	12	Anthony Thompson Jr	2:08.66a	Oakland Mills
9.	11	Evan Hooks	2:09.05a	Reservoir
10.	12	Treyvon Artis	2:09.45a	Great Mills
11.	11	Tomoki Weddington	2:10.75a	Oakland Mills
12.	11	Colin Poon	2:10.76a	Reservoir
13.	9	Chanceux Mbimi-Mbimi	2:11.23a PR	Guilford Park
14.	9	Ryan Cockerham	2:11.86a PR	Chopticon
15.	12	Michael Heinemann	2:12.63a	Mount Hebron
16.	Fr	Zephyr Dyro	2:13.79a	Northern
17.	11	Zaire House	2:15.09a	St Charles
--	11	Breyen Solowski-Kam...	DNS	River Hill

### 800 Meters Varsity - Finals

1.	11	Marella Virmani	2:19.63a	River Hill
2.	11	Lauren Virmani	2:21.87a	River Hill
3.	10	Caitlin Mullaney	2:22.90a PR	Northern
4.	12	Cammille Miller	2:27.39a PR	Bel Air
5.	10	Nikita Mohan	2:28.66a	River Hill
6.	10	Eve Krout	2:31.51a	Bel Air
7.	11	Madison Eberle	2:32.32a PR	Chopticon
8.	12	Madeline Matthews	2:34.15a	Chopticon
9.	10	Celeste Martin	2:35.40a PR	Reservoir
10.	11	Izabella McDonald	2:35.90a	Guilford Park
11.	11	Isabella Brenfleck	2:37.37a SR	Atholton
12.	9	Alyssa Robles	2:38.95a PR	Chopticon
13.	11	Anastasia Christy	2:42.26a	Edgewood
14.	9	Lily Davis	2:44.55a	Mount Hebron
15.	9	Aspen Yorek	2:47.82a	Oakland Mills
16.	11	Amelia Bachman	2:49.90a	Reservoir
17.	12	Scarlett Guenin	2:53.28a	Reservoir
--	10	Claire Sivitz	DNS	Howard

### 1600 Meters Varsity - Finals

1.	12	Michael Heinemann	4:34.39a	Mount Hebron
2.	12	Rayyan Dheini	4:34.95a	Howard
3.	12	Isaiah Thomas	4:35.68a	Long Reach
4.	12	Darian Walters	4:36.02a	Edgewood
5.	11	Nathan Bennett	4:37.67a	Edgewood
6.	12	Connor Schaaf	4:47.70a	Long Reach
7.	11	Mehakpreet Singh	4:47.87a PR	Oakland Mills
8.	11	Shamar Johnson	4:50.74a SR	Oakland Mills
9.	11	Hodari Hampton	4:52.35a	Guilford Park
10.	10	Andrew Burstein	4:52.47a PR	Bel Air

### 1600 Meters Varsity - Finals

1.	12	Brielle Whitworth	5:03.47a SR	Edgewood
2.	12	Gentry Bowie	5:04.15a PR	Northern
3.	11	Lauren Virmani	5:05.99a SR	River Hill
4.	11	Marella Virmani	5:09.78a PR	River Hill
5.	12	Cammille Miller	5:21.27a PR	Bel Air
6.	11	Alyssa Mattes	5:22.80a	River Hill
7.	10	Claire Sivitz	5:27.41a	Howard
8.	9	Aspen Yorek	5:34.48a PR	Oakland Mills
9.	11	Izabella McDonald	5:42.06a PR	Guilford Park
10.	10	Celeste Martin	5:48.74a PR	Reservoir
11.	9	Lily Davis	5:48.79a PR	Mount Hebron
12.	12	Scarlett Guenin	5:51.45a	Reservoir

11.	12	Avery Lungstrom	4:55.28a	Bel Air	13.	10	Kate George	5:52.07a	PR	Chopticon
12.	12	Tarik Smallhorne	4:55.68a	St Charles	14.	11	Emma C. Floyd	5:52.66a		Marriotts Ridge
13.	10	Jackson Pascarello	4:56.04a	PR	Reservoir	15.	11	Amelia Bachman	5:54.62a	Reservoir
14.	11	Owen Zimmerman	4:58.02a	Howard	16.	10	Cindy Qin	5:55.43a		Howard
15.	11	Tomoki Weddington	5:02.42a	Oakland Mills	17.	9	Kaylee Rossi	6:06.62a		Northern
16.	11	Zaire House	5:05.97a	St Charles	18.	12	Kaelyn R. Krozy	6:14.86a		Marriotts Ridge
--	12	Juho Bay	DNF	Marriotts Ridge						
--	12	Colin Derenzy	DNS	Northern						

### 3200 Meters Varsity - Finals

Splits

### 3200 Meters Varsity - Finals

Splits

1.	12	Rayyan Dheini	10:03.63a	Howard	
2.	11	Mason Allen	10:07.32a	PR	Chopticon
3.	12	Darian Walters	10:08.56a	PR	Edgewood
4.	10	Marlin Smith	10:09.39a	PR	Great Mills
5.	12	Michael Heinemann	10:10.87a	Mount Hebron	
6.	11	Shamar Johnson	10:13.97a	PR	Oakland Mills
7.	11	Lucas Chiang	10:14.52a	PR	River Hill
8.	11	Evan Oldewurtel	10:21.14a	Edgewood	
9.	12	Connor Schaaf	10:29.46a	Long Reach	
10.	11	Noah Levy	10:38.58a	PR	River Hill
11.	11	Johnny Daniel	10:46.85a	Howard	
12.	10	Andrew Burstein	10:51.81a	Bel Air	
13.	11	Joshua Drake	11:00.19a	Northern	
14.	11	Connor Walsh	11:34.34a	Reservoir	
--	11	Colin Poon	DNS	Reservoir	
--	10	Griffin Ellinghaus	DNS	Reservoir	
--	11	Hodari Hampton	DNS	Guilford Park	
--	9	Carter Steffy	DNS	Stephen Decatur	

1.	12	Brielle Whitworth	11:25.85a	PR	Edgewood
2.	11	Lauren Virmani	11:28.17a		River Hill
3.	12	Gentry Bowie	11:39.15a	SR	Northern
4.	11	Alyssa Mattes	11:50.67a	SR	River Hill
5.	10	Claire Sivitz	11:57.38a		Howard
6.	11	Ela Muniz	12:19.77a		Reservoir
7.	9	Aspen Yorek	12:28.35a		Oakland Mills
8.	10	Kate George	12:40.07a		Chopticon
9.	11	Izabella McDonald	12:43.94a	PR	Guilford Park
10.	9	Lily Davis	12:59.05a		Mount Hebron
11.	9	Ella Linera Felician	13:05.48a		Reservoir
12.	10	Cindy Qin	13:09.00a		Howard
13.	12	Elizabeth Collins	13:12.33a		Edgewood
14.	12	Amber Marshall	13:22.13a	SR	Stephen Decatur
15.	12	Isabella Lacerna	13:23.72a	PR	Bel Air
16.	11	Emma C. Floyd	13:52.49a		Marriotts Ridge
--	12	Evie Eggers	DNS		Stephen Decatur
--	11	Devon Boyle	DNS		Atholton

### 55m Hurdles - 33" Varsity - Finals

### 55m Hurdles - 39" Varsity - Finals

1.	12	Gabriel Murray	7.45a	PR	Oakland Mills
2.	12	Isaac Ramsey	7.68a		Oakland Mills
3.	12	Mobolaji Popoola	7.96a		Great Mills
4.	12	David Moon	8.07a	PR	Howard
5.	11	AJ York	8.08a		Oakland Mills
6.	12	Jeremiah Smith	8.57a		Edgewood
7.	12	Robert Cook	8.69a	PR	Chopticon
8.	12	Andre Scott	8.76a		Long Reach
9.	10	Kai Porterfield	9.03a		Mount Hebron
10.	12	Edward Quick III	9.87a		Stephen Decatur

1.	12	Janelle Codrington	8.50a		Oakland Mills
2.	10	Codi Malott	8.63a	PR	Oakland Mills
3.	9	Payton Buchanan	8.96a		Oakland Mills
4.	10	Ava Carr	9.48a		Howard
5.	10	Mi'kia Waddell	9.59a		Great Mills
6.	10	Patience Oyamo	9.61a	PR	Guilford Park
7.	9	Alexis G. Miller	9.81a		Marriotts Ridge
8.	10	Allison Perez	10.13a		Northern
9.	11	Rayna Esquivel	10.45a		Stephen Decatur
10.	10	Abigail Lippert	10.65a		Bel Air

### 55m Hurdles - 33" Varsity - Prelims

### 55m Hurdles - 39" Varsity - Prelims

1.	12	Gabriel Murray	7.58a		Oakland Mills
2.	12	Isaac Ramsey	7.75a		Oakland Mills
3.	12	Mobolaji Popoola	8.11a		Great Mills
4.	12	David Moon	8.18a		Howard
5.	11	AJ York	8.22a		Oakland Mills
6.	12	Jeremiah Smith	8.32a	PR	Edgewood
7.	10	Kai Porterfield	8.89a	PR	Mount Hebron
8.	12	Robert Cook	8.91a		Chopticon
9.	12	Edward Quick III	8.98a		Stephen Decatur
10.	12	Andre Scott	9.03a		Long Reach
11.	11	Anthony Fonmedig	9.33a		Long Reach
12.	12	Kevin Udenkwo	9.35a		Reservoir
13.	12	Patrick Ezan	9.42a		Edgewood
14.	12	Tarek Ibrahim	9.50a		Marriotts Ridge
15.	11	Omri Williams	9.60a	PR	Guilford Park
16.	12	Maurice Renaud	9.65a		St Charles

1.	12	Janelle Codrington	8.59a		Oakland Mills
2.	10	Codi Malott	8.75a		Oakland Mills
3.	10	Ava Carr	8.82a		Howard
4.	9	Payton Buchanan	8.87a	PR	Oakland Mills
5.	9	Alexis G. Miller	9.62a		Marriotts Ridge
6.	10	Patience Oyamo	9.65a		Guilford Park
7.	10	Mi'kia Waddell	9.74a		Great Mills
8.	10	Abigail Lippert	10.36a	PR	Bel Air
9.	10	Allison Perez	10.38a		Northern
10.	11	Rayna Esquivel	10.43a	PR	Stephen Decatur
11.	10	Rickelle Anderson	10.48a	PR	Great Mills
12.	12	Trazarie Gladden	10.79a		Atholton
13.	12	Summiah Barnes	10.99a		St Charles
14.	12	Marie Cable	11.12a		Chopticon
15.	11	Carys Oliver	11.29a		Chopticon
16.	11	Lisandre A. Harris	11.57a		Marriotts Ridge
--	11	Jayden Matthews	DNS		James M Bennett
--	11	Julia Irvin	DNS		Howard

17. 12 Maurice Biles 10.02a James M Bennett  
 18. 10 Trevion Brantley 10.15a St Charles

## 4x200 Relay Varsity - Finals

1. 12 Kiyara Wiggins 1:46.60a Howard - A  
 12 Sydney Rhodes  
 9 Kaitlyn Alford  
 12 Bianca Durant  
 2. 11 Kendall Hall 1:48.25a Long Reach - A  
 10 Kymora Epps  
 10 Lyric Stevenson  
 11 Taylor Flynn  
 3. 12 Iyona Brown 1:48.32a Reservoir - A  
 10 Oluwadara Akinsanya  
 11 Jamison Smith  
 12 Kaniyah Ervin  
 4. 12 Janelle Codrington 1:48.52a Oakland Mills - A  
 10 Jordyn Harriston  
 9 Payton Buchanan  
 9 Rozelyn Sarfo  
 5. 10 Kami Brock 1:50.64a St Charles - A  
 9 Jacey Void  
 12 Mila Mitchell  
 12 Chelsea Coates  
 6. 10 Lauren Latour 1:51.34a Atholton - A  
 12 Gabrielle Millwood  
 12 Chloe Powell  
 11 Nyla Mathew  
 7. 10 Mya Summers 1:53.86a Northern - A  
 10 Aaliyah Ortiz  
 10 Allison Perez  
 12 Arionna Johnson  
 8. 9 Anna Wagner 1:55.37a River Hill - A  
 10 Shiloh Demuren  
 9 Nemona Atoma  
 9 Tessa Clement  
 9. 12 Camryn Thomas 1:57.22a Great Mills - A  
 10 Mi'kia Waddell  
 12 Hannah Jones  
 10 Audrey Gutekunst  
 10. 11 Jaidyn Augustine 1:58.87a Marriotts Ridge - A  
 10 Amirah Lavington  
 9 Alexis G. Miller  
 10 Leah Rosenberg  
 11. 12 Marie Cable 1:59.24a Chopticon - A  
 10 Kate Modrzejewski  
 10 Jayslyn Quade  
 10 Makayla Hancock  
 12. 12 Charisse Jones-Joseph 2:03.49a Aberdeen - A  
 11 Destiny Skinner  
 12 Jabraya Cooks  
 10 Dejah Hawkins McCain  
 13. 12 Briana Higgs 2:04.32a Mount Hebron - A  
 11 Shreya Kumar  
 11 Myah Van Jones  
 10 Aarya Thurai  
 14. 11 Ellie Cheynet 2:04.66a Stephen Decatur - A  
 9 Madisyn Imschweiler  
 10 Sanaiyah Matthews  
 9 Lily Rados  
 15. 9 Ava Guanti 2:05.95a Bel Air - A  
 12 Selah Evans

## 4x200 Relay Varsity - Finals

1. 12 Keshon Tate 1:31.37a Oakland Mills - A  
 12 Isaac Ramsey  
 12 Gabriel Murray  
 12 Ayomide Adeniyi  
 2. 10 Julien Gary 1:32.16a River Hill - A  
 12 Yusuf Shabazz  
 12 Karell Clement  
 11 Ryan Rimmer  
 3. 9 Malachi Robinson 1:32.84a Edgewood - A  
 11 Kyion Greenwood  
 12 Aamiir Shaw  
 10 Javien Minor  
 4. 11 Femi Fekoya 1:32.88a Reservoir - A  
 10 Jason Smith  
 11 Daniel Abodunrin  
 10 Fatai Sule  
 5. 12 Tavita Johnson 1:33.13a Great Mills - A  
 12 Mobolaji Popoola  
 12 Amon Hairston-Morgan  
 11 Zachary Braden  
 6. 10 Moe Ben Aya 1:33.53a Howard - A  
 12 Malachi Griffin  
 10 Donte Jones  
 11 Levi Pack  
 7. 12 Delbert Cowesette 1:35.60a Atholton - A  
 12 David Irabor  
 11 Trevor Robinson  
 11 Austin Niel  
 8. 10 Matthew Saint Hillien 1:36.58a Long Reach - A  
 9 Jordan Etheridge  
 11 Javier Hernandez  
 11 Anthony Fonmedig  
 9. 11 Jaiden Hill 1:37.66a Guilford Park - A  
 11 Aaron Smalls  
 10 Demari Keitt  
 11 Justin Kamara  
 10. 11 Daylon Washington 1:37.69a St Charles - A  
 10 Darren Thomas  
 11 De'Angelo Chenette  
 9 Derrick Lyons  
 11. 11 Treyshawn Baker 1:39.07a Chopticon - A  
 12 Hayden Pizza  
 9 William Saunders  
 12 Robert Cook  
 12. 9 Isaac Ayanbeku 1:39.78a Bel Air - A  
 12 Steven Henry  
 9 David Hott  
 10 Josiah Drafts  
 13. 10 Deji Adeshiyan 1:40.94a Northern - A  
 12 Dominic Wyant  
 Fr Kordell McCorkle  
 10 Christian Martinez  
 14. 10 Akshaj Anala 1:41.95a Mount Hebron - A  
 10 Ryan Gao  
 10 Eric Lee

10	Kai Porterfield		
15. 11	Ian Battle	1:44.75a	Aberdeen - A
11	Jamin Oriakhi		
10	Tyree Beatty		
9	Zaylen Dantzler		
16. 12	Jodlin Julien	1:44.82a	James M Bennett - A
11	Devon Murray		
12	Noah Jeudy		
12	Maurice Biles		
17. 11	Luis Carrasco	1:46.10a	Stephen Decatur - A
12	Jackson Cheung		
12	Edward Quick III		
10	Jackson Hurst		
-- 10	Ki'ahn Hamlett	DNF	Marriotts Ridge - A
10	David Olaleye		
12	Anthony Amato		
12	Liam Hennigan		

10	Abigail Lippert		
12	Addison Hessler		
-- 11	Ajijah Webb	DQ	Edgewood - A
9	Megan Harris		
11	Skye Harris		
10	Sasha Taylor		
-- 10	Makayla Mbullu	DQ	Guilford Park - A
10	EVon Wilson		
10	Alyssa Igbinovia		
10	Charleigh Logan		

### 4x400 Relay Varsity - Finals

1. 10	Jordyn Harriston	4:11.70a	Oakland Mills - A
9	Payton Buchanan		
10	Kayla Robinson		
10	Codi Malott		
2. 11	Kendall Hall	4:15.88a	Long Reach - A
10	Lyric Stevenson		
11	Taylor Flynn		
11	Alaina Norton		
3. 11	Lauren Virmani	4:17.31a	River Hill - A
10	Nikita Mohan		
9	Anna Wagner		
11	Marella Virmani		
4. 12	Chloe Powell	4:27.41a	Atholton - A
11	Nyla Mathew		
11	Sidney Key		
10	Favor Udeochu		
5. 12	Kaniyah Ervin	4:29.37a	Reservoir - A
11	Moyo Akinmola		
10	Kiley Okechukwu		
11	Ela Muniz		
6. 10	Makayla Mbullu	4:30.39a	Guilford Park - A
10	Patience Oyamo		
10	EVon Wilson		
10	Charleigh Logan		
7. 12	Selah Evans	4:31.91a	Bel Air - A
12	Cammille Miller		
10	Eve Krout		
10	Abigail Lippert		
8. 12	Gentry Bowie	4:33.49a	Northern - A
10	Allison Perez		
9	Dana Dillon		
10	Mya Summers		
9. 12	Chelsea Coates	4:34.98a	St Charles - A
11	Amaliah Joe		
11	Jasmyn Storey		
12	Mila Mitchell		
10. 10	Avery Weber	4:38.17a	Stephen Decatur - A
11	Lotus Wise		
9	Lily Rados		
9	Brooke Warren		
11. 9	Kendall Jordan	4:40.26a	Howard - A
10	Claire Sivitz		
10	Ava Carr		
9	Kaitlyn Alford		
12. 12	Molly McKay	4:41.49a	Chopticon - A
11	Laila Gagnon		
10	Makayla Hancock		

### 4x400 Relay Varsity - Finals

1. 12	Isaac Ramsey	3:37.11a	Oakland Mills - A
12	Gabriel Murray		
12	Keshon Tate		
12	Solomon Small		
2. 11	Femi Fekoya	3:42.55a	Reservoir - A
12	Andrew Cline		
10	Fatai Sule		
10	Jason Smith		
3. 11	De'Angelo Chenette	3:43.69a	St Charles - A
12	Maurice Renaud		
9	Derrick Lyons		
11	Darius McGarrell		
4. 10	Donte Jones	3:44.72a	Howard - A
12	Will Flagg		
11	Levi Pack		
12	Malachi Griffin		
5. 12	Vencent Logan	3:45.77a	Great Mills - A
12	Tavita Johnson		
10	Jonathan Ramos		
9	Dallas Stewart		
6. 12	Mazeed Matti	3:48.16a	Edgewood - A
12	Patrick Ezan		
9	Malachi Robinson		
12	Aamiir Shaw		
7. 12	Timothy Dye	3:48.26a	River Hill - A
12	Yusuf Shabazz		
10	Julien Gary		
11	Ryan Rimmer		
8. 11	Tyler Berry	3:50.41a	Chopticon - A
10	Nathan Ryan		
10	Ryan Longobardi		
11	Christopher Moore III		
9. 10	Demari Keitt	3:50.67a	Guilford Park - A
11	Nico Salvia		
9	Aidun Evans		
10	Parker Lewis		
10. 12	Steven Henry	3:50.97a	Bel Air - A
10	Josiah Drafts		
11	Nicholas Dias		
12	William Padilla		

11.	12	Ethan Cowder	3:56.05a	Stephen Decatur - A	11	Carys Oliver			
	12	Alex Ward			13.	11	Ajijah Webb	4:50.92a	Edgewood - A
	11	Xander Wakefield				9	Kelsi Brown		
	10	Jackson Hurst				11	Skye Harris		
12.	12	Caleb Graves	3:58.39a	Northern - A		9	Cassidy Sloley		
	Jr	Max Wolf			14.	12	Sarah Andrews	4:52.02a	Aberdeen - A
	10	Sean Gladfelter				10	Dejah Hawkins McCain		
	12	Matthew Traquair				11	Faith Manzanares		
13.	11	Ian Battle	4:00.55a	Aberdeen - A		11	Thaines Garcia Rivera		
	11	Jamin Oriakhi			15.	10	Audrey Gutekunst	4:58.99a	Great Mills - A
	10	Tyree Beatty				12	Hannah Jones		
	10	Sean Elam				12	Shayla Milburn		
14.	11	Om Debnath	4:03.46a	Mount Hebron - A		9	Rahnell Fenwick		
	10	Eric Lee			16.	10	Addison Ashcraft	5:14.09a	James M Bennett - A
	11	William Amouzou				9	Audrey Price		
	10	Dean Walker				9	Michaela Bollerman		
15.	12	Maurice Biles	4:04.04a	James M Bennett - A		10	Elizabeth Martinez Perez		
	10	Benny Hatney							
	11	Doc Marshall Jr.							
	10	Andrew Bowden							
--	11	Javier Hernandez	DNS	Long Reach - A					
	9	Jordan Etheridge							
	11	Anthony Fonmedig							
	12	Nathaniel Logan							

### 4x800 Relay Varsity - Finals

1.	11	Alyssa Mattes	10:12.91a	River Hill - A
	10	Nikita Mohan		
	11	Lauren Virmani		
	11	Marella Virmani		
2.	12	Molly McKay	10:27.86a	Chopticon - A
	12	Madeline Matthews		
	11	Madison Eberle		
	9	Alyssa Robles		
3.	10	Celeste Martin	10:35.95a	Reservoir - A
	12	Scarlett Guenin		
	11	Ela Muniz		
	11	Amelia Bachman		
4.	11	Olivia Alvarez	10:45.74a	Atholton - A
	10	Frances Haard		
	11	Devon Boyle		
	11	Isabella Brenfleck		
5.	9	Brooke Warren	11:21.57a	Stephen Decatur - A
	12	Amber Marshall		
	10	Avery Weber		
	11	Ellie Cheynet		
6.	12	Malia Bickell	11:28.83a	Oakland Mills - A
	11	Madison Davenport		
	11	Abby Tecleab		
	11	Rachel Oyedeji		
7.	12	Kaelyn R. Krozy	11:31.09a	Marriotts Ridge - A
	9	Claire J. Zhao		
	10	Isha Netla		
	12	Leah Klaus		
8.	12	Isabella Lacerna	11:33.14a	Bel Air - A
	9	Savannah Wairia		
	12	Faith Park		
	12	Shaelyn O'Halloran		
9.	9	Payton Morrison	11:49.60a	Guilford Park - A
	10	Foluke Adebisi		
	11	Izabella McDonald		
	10	Patience Oyamo		
10.	11	Rachel Fleshman	11:55.24a	Northern - A
	10	Sophia LaBrutte		
	11	Gabriella Contrino		
	9	Kaylee Rossi		

### 4x800 Relay Varsity - Finals

1.	12	Solomon Small	8:34.45a	Oakland Mills - A
	12	Anthony Thompson Jr		
	11	Shamar Johnson		
	11	Tomoki Weddington		
2.	12	Andrew Cline	8:37.47a	Reservoir - A
	11	Evan Hooks		
	11	Colin Poon		
	11	Adeniyi Adegbuyi		
3.	9	Ryan Cockerham	8:44.86a	Chopticon - A
	10	Ryan Longobardi		
	11	Mason Allen		
	11	Colton Longobardi		
4.	9	Chanceux Mbimi-Mbimi	8:44.96a	Guilford Park - A
	10	Parker Lewis		
	11	Nico Salvia		
	11	Hodari Hampton		
5.	11	Collin Pennington	8:54.35a	Stephen Decatur - A
	11	Quinn Martin		
	11	Xander Wakefield		
	11	Ethan Rhode		
6.	11	Jaxon Jacobs	9:00.23a	Northern - A
	Fr	Zephyr Dyro		
	12	Quin Lineberry		
	12	Caleb Graves		
7.	12	Tarik Smallhorne	9:02.84a	St Charles - A
	11	Zaire House		
	10	Aaron Brown		
	11	Kaydn Khan		
8.	11	Nicholas Dias	9:05.19a	Bel Air - A
	12	William Padilla		
	10	Ryan Glackin		
	10	Josiah Drafts		
9.	11	Lucas Chiang	9:08.95a	River Hill - A



10	Alexander El Sawi			11.	11	Anastasia Christy	11:58.44a	Edgewood - A
11	Noah Levy			12	Elizabeth Collins			
12	Quinlan Ballou			11	Destiny Walters			
10.	10 Matthew Weaver	9:20.82a	Marriotts Ridge - A	9	Sofia Hedrington			
9	Arya Maraju			12.	12 Sarah Andrews	12:02.49a	Aberdeen - A	
9	Murad Elnadi			11	Faith Manzanares			
12	Juho Bay			9	Evelyn Smith			
11.	9 Pierce Eatough	9:25.08a	Long Reach - A	10	Chayse Wright			
10	Ian McCormick			13.	11 Taryn Tran	12:11.24a	Mount Hebron - A	
12	Jeremiah Braimoh			11	Monica Moon			
9	Zayaan Sharieff			11	Shreya Kumar			
12.	12 Quinlan O'Neill	9:27.08a	Mount Hebron - A	11	Akshaya Kudithipudi			
11	Keegan McKay			14.	10 Addison Ashcraft	13:06.02a	James M Bennett - A	
11	Ryan O'Neill			10	Saoirse Kane			
12	Timothy Grafov			9	Michaela Bollerman			
13.	12 James Barreda	9:32.47a	Edgewood - A	10	Elizabeth Martinez Perez			
11	Nicholas Guarino			--	9 Surah Charland	DNS	Howard - A	
10	Emmanuel Fowowe			10	Gabrielle Thorpe			
10	Jamal Edmonds			10	Isabella Benemerito			
14.	12 Kelvin Lopez	9:37.17a	James M Bennett - A	10	Cindy Qin			
10	Andrew Bowden							
11	William West							
9	Tomas DiCarlo							
15.	10 Kaden Cotugno	9:50.90a	Great Mills - A					
10	Gabriel Roberts							
12	Alexander Knott							
12	Zachary Davis							
16.	10 Sean Elam	9:51.21a	Aberdeen - A					
11	Timothy McHenry							
11	Ian Battle							
10	Javier Torres							
17.	11 Joseph Hampshire	10:30.79a	Howard - A					
9	Deven Dumornay							
11	Dylan Greene							
11	Owen Zimmerman							

### Shot Put - 4kg Varsity - Finals Field Series

1.	12	Destine Jordan	36-10.00	PR	St Charles
2.	11	Kayla Scott	31-08.25		Northern
3.	11	Tatiana Williams	30-02.00		Chopticon
4.	10	Brooke Ratliff	29-02.25	PR	Chopticon
5.	12	Alicia Hall	29-01.00		Oakland Mills
6.	11	Allison Sonon	28-11.25		Chopticon
7.	11	Kiki Onabiyi (	28-06.75	PR	Marriotts Ridge
8.	11	Hannah McDerment	27-08.00	PR	Reservoir
9.	12	Addison Courtemanche	27-00.75	PR	Howard
10.	12	Alisa Billups	26-10.25	PR	Northern
11.	10	Lauren Latour	26-08.75		Atholton
12.	10	Jaylah J. Johnson	24-11.25		Marriotts Ridge
13.	11	Emoni Wilkins	24-06.50		James M Bennett
14.	11	Cheyenne Drew-Quant	23-07.75		Reservoir
15.	11	Lauryn Johnson	23-07.50		Guilford Park
16.	11	Gobir Ruqqayyat	23-01.00	PR	Howard
17.	12	Maryann DeJesus	22-00.50		Great Mills
--	10	Sarye Chase	DNS		Great Mills

### High Jump Varsity - Finals Field Series

1.	12	Alicia Hall	5-01.00		Oakland Mills
2.	10	Ava Carr	5-00.00		Howard
3.	12	Hannah Jones	5-00.00	PR	Great Mills
4.	12	Nakisha Hogan	4-10.00		Oakland Mills
5.	11	Madison Xokoli	4-10.00	PR	Reservoir
6.	12	Morgan George	4-08.00		Atholton
7.	12	Marie Cable	4-06.00		Chopticon
8.	12	Kaynan Bonsu	4-06.00		Atholton
9.	12	Selah Evans	4-06.00		Bel Air
10.	12	Camryn Thomas	4-04.00		Great Mills
10.	10	Rickelle Anderson	4-04.00	PR	Great Mills
12.	9	Janelle Laughner	4-04.00		Reservoir
--	10	Jayslyn Quade	NH		Chopticon
--	12	Kellie Enow	NH		Atholton
--	11	Myra Day	NH		Chopticon
--	9	elizabeth Onamade	NH		River Hill

### Shot Put - 12lb Varsity - Finals Field Series

1.	12	William Mandis	48-00.50		Chopticon
2.	11	Riley Johnson	47-07.50	PR	Great Mills
3.	11	Austin Perez-Proesc...	45-02.50		Howard
4.	12	Ethan Tapia	44-05.00	PR	Long Reach
5.	12	Cameron Washington	44-00.50	PR	Great Mills
6.	12	Jaylen White	42-11.50		Howard
7.	11	Tega Owltemu	41-08.25		Howard
8.	11	Alim Busari	40-06.50	PR	Reservoir
9.	11	Jesse Jenkins	39-02.50		River Hill
10.	12	Daniel Rehzi	37-06.00	PR	Northern
11.	10	Bryce Adkins	37-05.00	PR	Long Reach
12.	11	Zachary Yerkes	37-03.50	PR	Chopticon
13.	10	Amanuel Davis	37-00.00		St Charles
14.	12	Connor Harty	36-02.50		St Charles
15.	10	Prince Vorleamesi	35-05.25		Reservoir
16.	11	Romy Fotso Kuiate	34-08.75		Reservoir
--	12	Malik Johnson	DNS		Great Mills
--	11	Mason Lyons	DNS		Stephen Decatur

### High Jump Varsity - Finals Field Series

1.	12	Mobolaji Popoola	6-04.00		Great Mills
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2.	12	Tehcubelleh Keamu	6-02.00 PR	Long Reach
3.	11	AJ York	6-02.00	Oakland Mills
4.	12	Wroto Quiah	5-10.00	Edgewood
5.	11	Simi Olakunle	5-10.00 PR	Oakland Mills
6.	12	Kenny Stevens	5-08.00	Howard
7.	12	Nathaniel Logan	5-08.00	Long Reach
8.	11	Kristin Rogers	5-08.00	Oakland Mills
9.	12	Shakur Adewale	5-06.00	Reservoir
10.	12	Jeremiah Smith	5-04.00 PR	Edgewood
--	10	Julien Gary	DNS	River Hill
--	11	William West	NH	James M Bennett
--	12	Luke Leffew	DNS	Stephen Decatur
--	12	Brandon Fitzgerald	NH	Stephen Decatur
--	11	Omri Williams	NH	Guilford Park
--	9	Jonah Just	NH	River Hill
--	9	Nathaniel Aduwu	DNS	Reservoir
--	9	Tomas DiCarlo	NH	James M Bennett

--	11	Nyia Bedell	DNS	Howard
--	12	Parneet Kaur	DNS	Bel Air

## Pole Vault Varsity - Finals

## Field Series

1.	11	Hannah McDerment	10-00.00	Reservoir
2.	12	Emerson Eatough	9-00.00 SR	Howard
3.	12	Cecelia Rosenberg	8-06.00 SR	Oakland Mills
4.	11	Joanna Manela	7-06.00	Reservoir
5.	9	Sasha Pinkham	7-06.00	Howard
5.	11	Sofie Askin	7-06.00	Marriotts Ridge
7.	10	Isabella F. Hagan	7-00.00	Marriotts Ridge
8.	11	Lisandre A. Harris	6-00.00 PR	Marriotts Ridge
--	10	Ella Kozar	NH	Oakland Mills
--	9	Alisha Rao	NH	Howard

## Pole Vault Varsity - Finals

## Field Series

1.	11	Gavin Reardon	11-00.00	Howard
2.	11	Yashvasin Rekula	10-06.00	Marriotts Ridge
3.	11	JD (Jewel) Kim	10-00.00 PR	Howard
4.	10	Phineas Dickson	9-06.00 PR	Howard
5.	12	Enoch Kayode	9-06.00 PR	Reservoir
6.	12	Andrew Wenholz	9-00.00 PR	Oakland Mills
7.	12	Noah Trott	8-06.00 PR	James M Bennett
8.	12	Luc Le	8-06.00 PR	Reservoir
9.	10	Stephen Oyewole	8-00.00	Reservoir
9.	11	Cole Thomas	8-00.00	James M Bennett



# MPSSAA 3A East Region Championships HS

**OFFICIAL**  Tue, Feb 4, 2025  Prince George's Sports & Learning Complex - Indoor Track, MD US

## **Mens Varsity**

13 / 13 Events Completed

1. Oakland Mills	114
2. Howard	84
3. Great Mills	61
4. Edgewood	47
4. Reservoir	47
6. Long Reach	39
7. Chopticon	32
8. River Hill	22
9. Mount Hebron	14
10. St Charles	12
11. Marriotts Ridge	10
12. Atholton	7
12. Stephen Decatur	7
14. Guilford Park	5
15. Northern	3
16. James M Bennett	2
17. Bel Air	1

## **Womens Varsity**

13 / 13 Events Completed

1. Oakland Mills	80
2. Howard	72.5
3. River Hill	72
4. Northern	45
5. Reservoir	40
6. Atholton	36
7. Chopticon	31
8. Long Reach	30
9. Bel Air	25
10. Edgewood	20
11. St Charles	17
12. Marriotts Ridge	16.5
13. Great Mills	10
14. Guilford Park	6
14. Stephen Decatur	6