

# MPSSAA 3A West Region Championships HS

**OFFICIAL** 📅 Tue, Feb 18, 2025 📍 Prince George's Sports & Learning Complex - Indoor Track, MD US

## Mens Results

### 55 Meter Dash Varsity - Finals

1.	11	Jasiri Belote	6.51a	Tuscarora
2.	12	Samuel Koiwood	6.59a	Watkins Mill
3.	11	Kyre Grays	6.62a PR	Oxon Hill
4.	11	Quinton Dodds	6.65a	Linganore
5.	12	Felix Annan	6.70a	South Hagerstown
6.	12	Nathan Boateng	6.76a	Tuscarora
7.	11	Zack Dunker	6.85a	Oakdale
8.	11	David Clifford	6.85a	North Hagerstown
9.	12	Johnson Mbeng	6.87a	James Hubert Blake
10.	12	Nico Angelo Romero	6.88a	Sherwood

### 55 Meter Dash Varsity - Prelims

1.	11	Quinton Dodds	6.57a PR	Linganore
2.	11	Jasiri Belote	6.59a	Tuscarora
3.	12	Samuel Koiwood	6.67a	Watkins Mill
5.	12	Felix Annan	6.69a PR	South Hagerstown
6.	11	Kyre Grays	6.69a	Oxon Hill
4.	11	David Clifford	6.74a	North Hagerstown
7.	12	Nathan Boateng	6.76a PR	Tuscarora
8.	12	Nico Angelo Romero	6.78a	Sherwood
9.	11	Zack Dunker	6.82a PR	Oakdale
10.	12	Johnson Mbeng	6.83a PR	James Hubert Blake
11.	12	Kenneth Ahwireng	6.83a	Damascus
12.	9	Isaiah Seering	6.87a	North Hagerstown
13.	10	Jake Brown	6.89a	Linganore
14.	12	Ezekiel Harris	6.89a	Manchester Valley
15.	10	Delmer Cardona Arias	6.94a	Rockville
16.	11	Brayden Wilhelm	6.96a	Tuscarora
17.	12	Dean Browning	6.99a	Oakdale
18.	11	Eli Aghadiuno	7.02a	Watkins Mill
--	12	Zaire Fulmore	DNS	Sherwood

### 300 Meters Varsity - Finals

1.	11	Aidan Koffa	35.92a PR	Tuscarora
2.	11	Wyatt Zeigenfuse	36.03a PR	Manchester Valley
3.	11	Mark Aghadiuno	36.25a PR	Watkins Mill
4.	10	Davide Barbero	36.47a PR	Damascus
5.	10	Arthur Jones	36.48a	Oxon Hill
6.	12	Tyrese Oxendine	36.49a	Sherwood
7.	10	Jake Brown	36.65a	Linganore
8.	12	Samuel Koiwood	36.71a PR	Watkins Mill
9.	12	Dean Browning	37.25a PR	Oakdale
10.	9	Malachi Jonas	37.34a PR	Oxon Hill
11.	11	Olutoni Obalua	37.44a PR	Damascus
12.	11	Kyre Grays	37.68a	Oxon Hill
13.	11	Jordan Barrett	37.83a	Damascus
14.	12	Felix Annan	37.91a PR	South Hagerstown
15.	12	Ezekiel Harris	38.27a	Manchester Valley
16.	11	Michael F. Gannon	38.95a	Col. Zadok Magruder
17.	10	Charlie Alt	40.57a	Oakdale
--	12	Cassius Freeman	DQ	South Hagerstown

### 500 Meters Varsity - Finals

1.	12	Alex Adetolu	1:07.26a PR	Linganore
2.	11	Wyatt Zeigenfuse	1:07.37a PR	Manchester Valley

## Womens Results

### 55 Meter Dash Varsity - Finals

Q 1.	12	Carleen Lionel	7.34a	Oxon Hill	Q
Q 2.	12	Taionna Jackson	7.36a PR	Tuscarora	Q
Q 3.	12	Josslyn Quansah	7.41a	Linganore	Q
Q 4.	10	Autumn Gravette	7.51a	Oxon Hill	Q
Q 5.	11	Heather Twum	7.53a	Oakdale	
6.	10	Trinity Savage	7.56a	South Hagerstown	
7.	10	Wynter Cephus	7.57a	South Hagerstown	
8.	11	Annabelle Schaberl	7.59a	North Hagerstown	
9.	11	Chandler Bell	7.70a	James Hubert Blake	
--	11	Jeanelle James	DNS	Col. Zadok Magruder	

### 55 Meter Dash Varsity - Prelims

1.	12	Carleen Lionel	7.36a	Oxon Hill
2.	12	Josslyn Quansah	7.39a	Linganore
3.	12	Taionna Jackson	7.42a	Tuscarora
4.	10	Autumn Gravette	7.45a PR	Oxon Hill
5.	10	Trinity Savage	7.50a PR	South Hagerstown
6.	11	Annabelle Schaberl	7.53a	North Hagerstown
7.	10	Wynter Cephus	7.54a	South Hagerstown
8.	11	Heather Twum	7.57a	Oakdale
9.	11	Chandler Bell	7.61a PR	James Hubert Blake
10.	11	Jeanelle James	7.63a SR	Col. Zadok Magruder
11.	11	Assiatou Camara	7.64a	Tuscarora
12.	12	Biangca LeFevre	7.64a	Tuscarora
13.	12	Halle Whern	7.66a	James Hubert Blake
14.	12	Madison Medley	7.68a PR	Watkins Mill
15.	12	Tabitha Newman	7.74a	Rockville
16.	12	Shekinah Jamison	7.75a	Damascus
17.	11	Rachael Lee	7.90a	Westminster
--	12	Noura-Sita Koua	DNS	Damascus

### 300 Meters Varsity - Finals

1.	12	Gillian Stephens	40.23a	Oxon Hill	Q
Q 2.	12	Carleen Lionel	40.90a PR	Oxon Hill	Q
Q 3.	10	Autumn Gravette	41.76a PR	Oxon Hill	Q
Q 4.	11	Jeanelle James	43.36a	Col. Zadok Magruder	
Q 5.	12	Josslyn Quansah	43.48a	Linganore	
Q 6.	11	Rachael Lee	43.98a	Westminster	
Q 7.	12	Tabitha Newman	44.26a	Rockville	
Q 8.	10	Erica Kouame	44.34a PR	Watkins Mill	
Q 9.	12	Josephine Hoffacker	44.73a PR	Damascus	
10.	11	Lila Halsey	44.89a	Westminster	
11.	9	Paige Butler	46.02a	Manchester Valley	
--	10	Trinity Savage	DNS	South Hagerstown	
--	12	Noura-Sita Koua	DNS	Damascus	
--	10	Trynice Knight	DNS	James Hubert Blake	
--	12	Juliana Nardini	DNS	Linganore	
--	11	Jacqueline D. Ngues...	DNS	Col. Zadok Magruder	
--	10	Hayden Adams	DNS	James Hubert Blake	
--	11	Anna Chamberlin	DNS	North Hagerstown	

### 500 Meters Varsity - Finals

1.	12	Taylor Riley	1:17.31a	Oxon Hill	Q
Q 2.	12	Jaayah Jenkins	1:18.03a PR	James Hubert Blake	Q
Q 3.	12	Elizabeth Szybalski	1:18.43a PR	Manchester Valley	Q

3.	12	Chase Roberts	1:07.75a PR	Linganore	Q	4.	12	Mya Slade	1:24.02a PR	Oxon Hill	Q
4.	12	Dylan Pagendarm	1:08.19a PR	Linganore	Q	5.	11	Addison Oldham	1:24.60a PR	Oakdale	
5.	11	Michael F. Gannon	1:11.78a SR	Col. Zadok Magruder		6.	10	Ashley E. Polcawich	1:24.72a PR	Col. Zadok Magruder	
6.	12	Hunter Bareham	1:12.35a PR	Westminster		7.	10	Libby King	1:26.69a PR	Sherwood	
7.	11	Vincent L. Do	1:12.46a	Col. Zadok Magruder		8.	12	Gillian Stephens	1:27.11a	Oxon Hill	
8.	12	Donovan Baldwin	1:12.61a SR	North Hagerstown		9.	9	Sasha Moscol Morales	1:29.66a PR	Sherwood	
9.	11	Brayden Anders	1:12.83a	Sherwood		10.	12	Tara Martindale	1:30.09a	Westminster	
10.	11	Kal Yewsew	1:12.85a	Thomas S Wootton		11.	11	Chloe Arriola	1:30.69a	Oakdale	
11.	11	Andrew Villavicencio	1:13.15a PR	Oakdale		12.	11	Rylee Purdum	1:33.13a	Linganore	
12.	12	Aden Flaherty	1:14.07a SR	Rockville		--	12	Emilie Creighton	DNS	James Hubert Blake	
13.	11	Cameron Wong	1:14.79a	Rockville		--	9	Savannah Urban	DNS	Sherwood	
14.	10	Arthur Jones	1:15.28a	Oxon Hill		--	12	Juliana Nardini	DNS	Linganore	
--	10	Merrick Collins	DNS	Oakdale		--	11	Anna Chamberlin	DNS	North Hagerstown	
--	10	Clinton Otinkorang	DNS	South Hagerstown		--	11	Simone Carter	DNS	James Hubert Blake	
--	10	Danny Simmons Jr	DNS	Oxon Hill		--	11	Jacqueline D. Ngues...	DNS	Col. Zadok Magruder	
--	11	Andrew Gregorio	DNS	Oakdale							

## 800 Meters Varsity - Finals

1.	12	Oliver Sykora	2:03.97a	Sherwood	
2.	12	Alex Adetolu	2:05.27a	Linganore	
3.	11	Andrew Gregorio	2:06.52a	Oakdale	
4.	12	Xavier Grant	2:06.56a PR	Tuscarora	
5.	11	Wyatt Valenzuela	2:06.73a	Linganore	
6.	10	Micah Carbonell	2:07.38a PR	Damascus	
7.	10	Jacob Araujo	2:08.21a PR	Linganore	
8.	12	Kaleb Samuels	2:08.46a	Oxon Hill	
9.	12	Logan Amis	2:08.64a	Manchester Valley	
10.	11	Fode Doumbia	2:09.27a	Tuscarora	
11.	11	Sai Vedas Boyapati	2:09.46a	Oakdale	
12.	9	Amari Patterson	2:10.70a PR	Oxon Hill	
13.	11	Brayden Ash	2:11.43a	Westminster	
14.	10	Dylan Legaspi	2:11.47a PR	James Hubert Blake	
15.	12	Dylan Hogue	2:13.20a	Westminster	
16.	11	Jacob Luce	2:13.28a	Damascus	
--	11	Nathan Downie	DNF	Thomas S Wootton	
--	11	Walker Mason	DNS	North Hagerstown	

## 1600 Meters Varsity - Finals

1.	12	Logan Amis	4:33.19a SR	Manchester Valley	
2.	11	Jefferson Regitz	4:33.62a	Rockville	
3.	11	Brayden Ash	4:34.62a PR	Westminster	
4.	12	Cleveland J. Wall	4:36.35a PR	Col. Zadok Magruder	
5.	11	Landon Call	4:37.17a PR	North Hagerstown	
6.	11	Nathan Downie	4:37.40a	Thomas S Wootton	
7.	11	Luke Gabrielle	4:45.08a PR	Thomas S Wootton	
8.	9	Brandon Kneisler	4:48.48a PR	Thomas S Wootton	
9.	11	Luke Collins	4:50.65a PR	Linganore	
10.	12	Nathaniel Colbert	4:56.68a	Oakdale	
11.	12	Olin Hogentogler	4:58.54a	Sherwood	
12.	11	Jacob Luce	5:07.72a	Damascus	
13.	12	Dylan Hogue	5:09.92a	Westminster	
14.	12	Jack P. Groven	5:15.47a	Col. Zadok Magruder	
--	11	Sai Vedas Boyapati	DNS	Oakdale	
--	12	Xavier Grant	DNS	Tuscarora	
--	11	Fode Doumbia	DNS	Tuscarora	
--	12	David Tressler	DNS	Oakdale	

## 3200 Meters Varsity - Finals

1.	12	Semir Kemal	9:53.62a	James Hubert Blake	
2.	10	Zachary Oh	9:54.04a	James Hubert Blake	
3.	11	Walker Mason	9:54.05a	North Hagerstown	
4.	12	Rendon Yerman	9:55.93a	Thomas S Wootton	
5.	9	Dimitrios Rementelas	9:57.85a PR	Sherwood	
6.	12	Bradley Helman	9:59.65a PR	North Hagerstown	
7.	12	Rishi Bhat	10:02.87a PR	North Hagerstown	
8.	12	Cleveland J. Wall	10:09.11a PR	Col. Zadok Magruder	
9.	11	Brayden Ash	10:10.06a PR	Westminster	

## 800 Meters Varsity - Finals

					Splits
1.	12	Elizabeth Szybalski	2:16.23a PR	Manchester Valley	Q
Q	2.	Taylor Riley	2:16.32a PR	Oxon Hill	Q
Q	3.	Rian Johnson	2:17.80a PR	North Hagerstown	Q
Q	4.	Hailey Lane	2:20.45a PR	Tuscarora	Q
	5.	Jade Trowell	2:21.58a PR	Damascus	Q
	6.	Jaayah Jenkins	2:22.53a PR	James Hubert Blake	Q
	7.	Mya Slade	2:26.48a PR	Oxon Hill	Q
	8.	Grace Robinson	2:29.43a PR	Oakdale	Q
	9.	Lizzie Wells	2:33.43a PR	Oakdale	
	10.	Ashley E. Polcawich	2:34.04a PR	Col. Zadok Magruder	
	11.	Ella Hajel	2:34.52a	North Hagerstown	
	12.	Veronica Garcia	2:34.83a PR	James Hubert Blake	
	13.	Ava Rankin	2:35.65a	Oxon Hill	
	14.	Abigail McConnell	2:36.49a PR	Oakdale	
--	12	Emilie Creighton	DNS	James Hubert Blake	
--	10	Emma Austin	DNS	Manchester Valley	
--	10	Olivia Watts	DNS	Manchester Valley	

## 1600 Meters Varsity - Finals

1.	12	Rian Johnson	5:16.51a	North Hagerstown	Q
2.	11	Hailey Lane	5:22.04a	Tuscarora	Q
Q	3.	Madeline (Maddy) Qu...	5:23.39a SR	Sherwood	Q
Q	4.	Ella Hajel	5:43.50a PR	North Hagerstown	
Q	5.	Samantha M. Polcawi...	5:58.27a	Col. Zadok Magruder	
Q	6.	Brooke Reynolds	5:58.95a PR	Linganore	
Q	7.	Caitlin Shank	6:00.48a PR	Manchester Valley	
Q	8.	Olivia Watts	6:00.60a	Manchester Valley	
	9.	Maggie Tsambikos	6:02.44a	Westminster	
	10.	Annalise Wells	6:04.80a	Oakdale	
	11.	Amber Cohen	6:11.69a PR	Rockville	
	12.	Christa Sanders	6:22.87a	Oxon Hill	
	13.	Suchira Mulagura	6:36.79a PR	Damascus	
--	10	Emma Austin	DNS	Manchester Valley	
--	12	Lauren Stine	DNS	North Hagerstown	
--	12	Emilie Creighton	DNS	James Hubert Blake	
--	11	Sifen Tusse	DNS	James Hubert Blake	

## 3200 Meters Varsity - Finals

1.	12	Lauren Stine	11:23.95a	North Hagerstown	Q
2.	11	Madeline (Maddy) Qu...	12:04.93a	Sherwood	Q
3.	11	Sifen Tusse	12:12.43a	James Hubert Blake	Q
Q	4.	Siena Foster	12:19.25a	Tuscarora	Q
Q	5.	Johanna Mitchell	12:22.39a	Oakdale	Q
Q	6.	Elizabeth Watkins	12:51.43a PR	Linganore	
Q	7.	Olivia Watts	12:52.47a PR	Manchester Valley	
Q	8.	Emma Austin	12:52.56a PR	Manchester Valley	
Q	9.	Kaylee Sczepucha	12:53.77a PR	Manchester Valley	
Q	10.	Sophie Tressler	13:05.60a PR	Oakdale	
Q	11.	Kara King	13:06.88a PR	Oakdale	
Q	12.	Elle Wilson	13:11.20a PR	Westminster	

10.	11	Jefferson Regitz	10:11.73a	Rockville	Q 13.	10	Samantha M. Polcawi...	13:25.11a	Col. Zadok Magruder
11.	12	Xaver Alexander	10:16.43a PR	Oakdale	14.	9	Anna Ramanan	13:33.71a	North Hagerstown
12.	9	Ioannis Rementelas	10:33.25a	Sherwood	15.	12	Morgan Michael	13:38.52a	Westminster
13.	11	Luca Servis	10:33.37a PR	Rockville	16.	11	Maggie Tsambikos	13:44.21a	Westminster
14.	10	Braeden Taylor	10:53.91a	Rockville	--	12	Emilie Creighton	DNS	James Hubert Blake
15.	12	Jack P. Groven	11:41.56a	Col. Zadok Magruder					
--	12	David Tressler	DNS	Oakdale					
--	11	Luke Collins	DNS	Linganore					
--	10	Jackson Zahn	DNS	Manchester Valley					

### 55m Hurdles - 39" Varsity - Finals

1.	12	Ralph Etaba Ateba	8.01a PR	Oakdale
2.	12	Gabe Ohaegbu	8.03a PR	North Hagerstown
3.	12	Ye-Absira Gebiba	8.18a PR	Rockville
4.	11	David Nguele Etaba	8.24a	Oakdale
5.	11	Mamadou Diop	8.48a PR	James Hubert Blake
6.	12	Kenneth Ahwireng	8.63a	Damascus
7.	10	Thomas Owusu	8.67a PR	North Hagerstown
8.	10	Austen Cornejo	8.87a	Linganore
9.	11	Azariya Kelay	8.96a	Sherwood
10.	12	Jason Niba	9.59a	Tuscarora

### 55m Hurdles - 39" Varsity - Prelims

1.	12	Ralph Etaba Ateba	8.12a	Oakdale
2.	12	Gabe Ohaegbu	8.29a	North Hagerstown
3.	11	David Nguele Etaba	8.31a	Oakdale
4.	12	Ye-Absira Gebiba	8.39a	Rockville
5.	12	Kenneth Ahwireng	8.55a	Damascus
6.	11	Azariya Kelay	8.75a PR	Sherwood
7.	11	Mamadou Diop	8.84a	James Hubert Blake
8.	10	Austen Cornejo	8.85a PR	Linganore
9.	10	Thomas Owusu	8.97a	North Hagerstown
10.	12	Jason Niba	9.54a PR	Tuscarora
11.	11	Colton Sullivan	9.82a	Linganore
12.	10	Paxton Boag	9.96a	Westminster
13.	9	Daxton Clawson	10.12a PR	Manchester Valley
14.	11	Lino Colin Jr	10.77a	Manchester Valley
15.	11	Josh Schindler	11.83a	Manchester Valley
16.	11	Charles Rollins	12.44a	Thomas S Wootton
--	11	Michael Timmons	DNF	South Hagerstown
--	11	Brady Duvall	DNS	Linganore

### 4x200 Relay Varsity - Finals

1.	11	Quinton Dodds	1:32.47a	Linganore - A
	10	Jake Brown		
	12	Dylan Pagendarm		
	12	Chase Roberts		
2.	11	Kyre Grays	1:32.54a	Oxon Hill - A
	10	Kyree Jones		
	11	Jason Williams		
	9	Malachi Jones		
3.	11	Jasiri Belote	1:32.54a	Tuscarora - A
	12	Nathan Boateng		
	11	Brayden Wilhelm		
	11	Aidan Koffa		
4.	12	Felix Annan	1:34.36a	South Hagerstown - A
	12	Cahauri Alford		
	11	Jameir Simms		
	12	Cassius Freeman		
5.	11	Jordan Barrett	1:35.09a	Damascus - A
	10	Davide Barbero		
	10	Zakai Hardrick		
	11	Olutoni Obalua		
6.	12	Dean Browning	1:35.19a	Oakdale - A
	10	Charlie Alt		
	11	Zack Dunker		
	12	Reiley Koontz-Harmon		

### 55m Hurdles - 33" Varsity - Finals

1.	12	Madison Medley	8.90a	Watkins Mill	Q
2.	12	Gabriella Janss	9.04a	Damascus	Q
3.	10	Imani Ngala	9.08a PR	James Hubert Blake	Q
4.	10	Sydney Hall	9.49a PR	Linganore	Q
Q 5.	11	Sherina Jassir	9.52a PR	Westminster	Q
Q 6.	12	Elizabeth Szybalski	9.55a	Manchester Valley	Q
Q 7.	12	Sophie Wisniewski	9.61a PR	James Hubert Blake	Q
Q 8.	12	Tabitha Newman	9.83a	Rockville	
9.	12	Ava Rosella	9.85a PR	Oakdale	
10.	10	Morgan Booth	9.98a	Oakdale	

### 55m Hurdles - 33" Varsity - Prelims

1.	12	Gabriella Janss	8.85a PR	Damascus
2.	12	Madison Medley	9.00a	Watkins Mill
3.	12	Elizabeth Szybalski	9.09a PR	Manchester Valley
4.	10	Imani Ngala	9.40a	James Hubert Blake
5.	11	Sherina Jassir	9.55a	Westminster
6.	10	Sydney Hall	9.62a	Linganore
7.	12	Sophie Wisniewski	9.75a	James Hubert Blake
8.	12	Tabitha Newman	9.88a	Rockville
9.	12	Ava Rosella	10.03a	Oakdale
10.	10	Morgan Booth	10.10a	Oakdale
11.	11	Kendall Walsh-Higgs	10.20a PR	Manchester Valley
12.	10	Kaitlyn Ramos	10.60a	Linganore
13.	11	Deborah A. Adeyemi	10.64a PR	Tuscarora
14.	10	Sophia Birdsell	11.01a PR	Westminster
15.	10	Lyla Fenlon	11.19a PR	Manchester Valley
--	11	Maysa Djobom	DQ	Damascus
--	11	Sarah Chlebda	DQ	Oakdale
--	10	Kymani Bennett	DNS	Sherwood

### 4x200 Relay Varsity - Finals

1.	12	Carleen Lionel	1:44.46a	Oxon Hill - A	Q
	12	Gillian Stephens			
	10	Autumn Gravette			
	11	Avah Coleman			
Q 2.	12	Biangca LeFevre	1:49.55a	Tuscarora - A	Q
	12	Adaee Obuekwe			
	11	Assiatou Camara			
	12	Taionna Jackson			
Q 3.	11	Karmen Tates	1:50.34a	Westminster - A	Q
	11	Sherina Jassir			
	11	Lila Halsey			
	11	Rachael Lee			
Q 4.	12	Gabriella Janss	1:50.36a	Damascus - A	Q
	12	Josephine Hoffacker			
	12	Chay Julien			
	12	Shekinah Jamison			
Q 5.	12	Halle Whern	1:52.06a	James Hubert Blake - A	Q
	10	Hayden Adams			
	11	Chandler Bell			
	10	Trynice Knight			
Q 6.	11	Ajayah Alexander	1:52.22a	South Hagerstown - A	Q
	10	Reilly Foley			
	10	Wynter Cephus			
	10	Trinity Savage			
Q 7.	11	Heather Twum	1:53.72a	Oakdale - A	
	11	Ella Kreuzburg			
	10	Reese Rymon			
	12	Ava Rosella			

7.	11	Antonio Tolliver	1:37.26a	North Hagerstown - A	8.	10	Erica Kouame	1:55.46a	Watkins Mill - A
	9	Isaiah Seering				12	Seti Ouelega		
	12	Liam Warrick				11	Camila Pupo		
	11	David Clifford				12	Madison Medley		
8.	12	Hunter Bareham	1:37.45a	Westminster - A	9.	12	Bailey Hall	1:55.82a	Linganore - A
	10	Jacob Devillbiss				11	Kayla Headd		
	10	Jace Thomas				11	Brynn Groves		
	11	Xavier Howard				10	Kaitlyn Ramos		
9.	11	Brendan Moise	1:37.69a	James Hubert Blake - A	10.	9	Makenzie Partridge	1:55.91a	Manchester Valley - A
	12	Johnson Mbeng				11	Hailey Partridge		
	9	Julian Carter				10	Zoe Lettau		
	11	Anthony Bennett				11	Alyssa Haines		
10.	12	Jarius Taylor	1:38.26a	Rockville - A	11.	11	Cecile Apetse	1:56.28a	Sherwood - A
	12	Ye-Absira Gebiba				12	Kelly Nelson		
	10	Delmer Cardona Arias				11	Catherine Lanning		
	12	Aden Flaherty				10	Emerson Phillips		
11.	11	Kal Yewsew	1:41.91a	Thomas S Wootton - A	12.	9	Dayanah Brunson	1:59.44a	North Hagerstown - A
	11	Joshua Derrell				11	Jacquelin Wilson		
	11	Bryson Filbert				10	Meilyn Twyman		
	11	Xavier Marcus				9	Harmony Griffith		
12.	11	Lino Colin Jr	1:44.12a	Manchester Valley - A	13.	11	Leah Ajsafe	2:00.58a	Thomas S Wootton - A
	10	Michael Sczepucha				11	Zaara Burnett		
	12	Nicholas Brockdorff				11	Mia Coven		
	12	Tyler Shilling				12	Xinsu Lu		
13.	11	Mark Aghadiuno	1:47.25a	Watkins Mill - A					
	11	Eli Aghadiuno							
	12	Robert Smith							
	12	Samuel Koiwood							
--	12	Nico Angelo Romero	DQ	Sherwood - A					
	11	Brayden Anders							
	10	Maxoldy Pierre-Canel							
	12	Tyrese Oxendine							
--	11	Michael F. Gannon	DNS	Col. Zadok Magruder - A					
	11	Jahlil McDonald-Black							
	12	Jeffery Adedje							
	12	Bless C. Yiediboe							

### 4x400 Relay Varsity - Finals

	1.	12	Gillian Stephens	4:12.13a	Oxon Hill - A			Q
		11	Avah Coleman					
		10	Autumn Gravette					
		12	Carleen Lionel					
	2.	10	Trynice Knight	4:18.56a	James Hubert Blake - A			Q
		10	Hayden Adams					
		12	Jaayah Jenkins					
		9	Noelle Gardner					
	3.	10	Dora-Artoni E. Artoni	4:22.62a	Col. Zadok Magruder - A			Q
		12	Skyler C. Galley					
		11	Jeanelle C. James					
		10	Ashley E. Polcawich					
	4.	11	Hailey Partridge	4:25.37a	Manchester Valley - A			Q
		12	Elizabeth Szybalski					
		9	Paige Butler					
		11	Alyssa Haines					
	5.	11	Anna Chamberlin	4:25.83a	North Hagerstown - A			Q
		11	Annabelle Schaberl					
		11	Jacquelin Wilson					
		9	Dayanah Brunson					
	6.	9	Avery Peltzer	4:26.30a	Westminster - A			Q
		12	Tara Martindale					
		9	Carly Moran					
		12	Emily Orton					
	7.	10	Libby King	4:29.38a	Sherwood - A			
		10	Grace Buffington					
		12	Sanora Floy					
		12	Zoey Scheraga					
	8.	11	Addison Oldham	4:31.90a	Oakdale - A			
		10	Morgan Booth					
		11	Grace Robinson					
		11	Lizzie Wells					
	9.	12	Gabriella Janss	4:37.46a	Damascus - A			
		12	Josephine Hoffacker					
		12	Jade Trowell					
		12	Tiara Thomas					
	10.	10	Ella Steben	4:37.85a	Linganore - A			
		11	Brynn Groves					
		11	Kayla Headd					
		12	Josslyn Quansah					
	11.	12	Tabitha Newman	5:01.44a	Rockville - A			

### 4x400 Relay Varsity - Finals

1.	10	Jake Brown	3:33.15a	Linganore - A	Q	4.	11	Hailey Partridge	4:25.37a	Manchester Valley - A	Q
	12	Chase Roberts					12	Elizabeth Szybalski			
	12	Dylan Pagendarm					9	Paige Butler			
	12	Alex Adetolu					11	Alyssa Haines			
2.	10	Kyree Jones	3:33.48a	Oxon Hill - A	Q	5.	11	Anna Chamberlin	4:25.83a	North Hagerstown - A	Q
	11	Caleb Dotson					11	Annabelle Schaberl			
	11	Jason Williams					11	Jacquelin Wilson			
	9	King Patterson					9	Dayanah Brunson			
3.	12	Nico Angelo Romero	3:39.31a	Sherwood - A	Q	6.	9	Avery Peltzer	4:26.30a	Westminster - A	Q
	11	Brayden Anders					12	Tara Martindale			
	10	Maxoldy Pierre-Canel					9	Carly Moran			
	12	Tyrese Oxendine					12	Emily Orton			
4.	11	Cody Watkins	3:39.75a	Oakdale - A	Q	7.	10	Libby King	4:29.38a	Sherwood - A	
	11	Andrew Villavicencio					10	Grace Buffington			
	10	Merrick Collins					12	Sanora Floy			
	12	Ralph Etaba Ateba					12	Zoey Scheraga			
5.	11	Michael F. Gannon	3:45.30a	Col. Zadok Magruder - A	8.	11	Addison Oldham	4:31.90a	Oakdale - A		
	11	Vincent L. Do					10	Morgan Booth			
	12	Cleveland J. Wall					11	Grace Robinson			
	11	Jahlil McDonald-Black					11	Lizzie Wells			
6.	11	Brian Murray	3:46.66a	Westminster - A	9.	12	Gabriella Janss	4:37.46a	Damascus - A		
	10	Alex Loge					12	Josephine Hoffacker			
	10	Jace Thomas					12	Jade Trowell			
	11	Xavier Howard					12	Tiara Thomas			
7.	12	Ashton Stouffer	3:46.74a	North Hagerstown - A	10.	10	Ella Steben	4:37.85a	Linganore - A		
	12	Liam Warrick					11	Brynn Groves			
	12	Donovan Baldwin					11	Kayla Headd			
	11	Antonio Tolliver					12	Josslyn Quansah			
8.	9	Kanon Baker	3:47.94a	Rockville - A	11.	12	Tabitha Newman	5:01.44a	Rockville - A		

10	Delmer Cardona Arias			
11	Izaiah Belliel			
12	Aden Flaherty			
9.	11 Mark Aghadiuno	3:50.92a	Watkins Mill - A	
	11 Zion Chike			
	12 Samuel Koiwood			
	12 Jaden Jones			
10.	10 Davide Barbero	3:55.66a	Damascus - A	
	11 Matthew Gamino			
	12 David Guevara Granados			
	10 Micah Carbonell			
11.	9 Julian Carter	3:56.70a	James Hubert Blake - A	
	11 Mamadou Diop			
	12 Samuel Vanegas			
	10 Chris Lizama Sanchez			
12.	12 Ezekiel Harris	3:58.47a	Manchester Valley - A	
	12 Logan Amis			
	12 Tyler Shilling			
	11 Wyatt Zeigenfuse			
--	11 Jasiri Belote	DNS	Tuscarora - A	
	12 Nathan Boateng			
	11 Aidan Koffa			
	11 Christian Tait			
--	12 Felix Annan	DNS	South Hagerstown - A	
	12 Cassius Freeman			
	11 Jameir Simms			
	10 Clinton Otinkorang			

10	Nicole Quesenberry			
10	Geanna Trana Arias			
12	Amber Cohen			
--	12 Taionna Jackson	DNS	Tuscarora - A	
	12 Adaeze Obuekwe			
	9 Siena Foster			
	11 Hailey Lane			

### 4x800 Relay Varsity - Finals

Splits

1.	12 Taylor Riley	2:22.14	10:03.27a	Oxon Hill - A	Q
	12 Mya Slade	2:29.79			
	10 Christa Sanders	2:35.71			
	11 Ava Rankin	2:35.61			
2.	11 Lizzie Wells	2:33.11	10:26.76a	Oakdale - A	Q
	11 Johanna Mitchell	2:35.71			
	12 Abigail McConnell	2:40.53			
	11 Grace Robinson	2:37.39			
3.	11 Sifen Tusse	2:29.13	10:37.72a	James Hubert Blake - A	Q
	10 Lisette Foronda Nogales	2:37.37			
	10 Veronica Garcia	2:52.58			
	12 Emilie Creighton	2:38.62			
4.	9 Mackenzie Thompson	2:40.30	10:41.92a	Linganore - A	Q
	10 Elizabeth Watkins	2:45.54			
	11 Brynn Groves	2:37.68			
	10 Ella Steben	2:38.38			
5.	10 Emma Austin	2:41.27	10:52.29a	Manchester Valley - A	Q
	10 Kaylee Sczepucha	2:47.16			
	10 Olivia Watts	2:45.00			
	12 Caitlin Shank	2:38.84			
6.	12 Tara Martindale	2:42.04	10:53.59a	Westminster - A	Q
	11 Corinne Michael	2:48.78			
	12 Emily Orton	2:46.67			
	12 Morgan Michael	2:36.07			
7.	10 Ashley E. Polcawich	2:31.96	10:57.62a	Col. Zadok Magruder - A	Q
	9 Grace M. Harwell	2:51.72			
	10 Samantha M. Polcawich	2:39.25			
	12 Skyler C. Galley	2:54.68			
8.	11 Tamra Fluellen	2:45.96	11:23.11a	Sherwood - A	
	11 Mieraf Haile	2:48.48			
	11 Brooke Johnson	3:00.76			
	10 Kendall Herndon	2:47.89			
9.	12 Lexis Owens	2:41.03	11:40.06a	Damascus - A	
	12 Maria Kirby	2:58.92			
	10 Suchira Mulagura	2:56.92			
	9 Calianna Sessions	3:03.18			

### 4x800 Relay Varsity - Finals

Splits

1.	10 Jacob Araujo	2:06.82	8:25.04a	Linganore - A	Q
	11 Wyatt Valenzuela	2:04.13			
	10 Kayden Harris	2:08.22			
	12 Alex Adetolu	2:05.84			
2.	9 Dimitrios Rementelas	2:05.44	8:29.28a	Sherwood - A	Q
	9 Ioannis Rementelas	2:10.77			
	9 Alexander Zirkelbach	2:11.53			
	12 Oliver Sykora	2:01.51			
3.	9 Brogan Thompson	2:07.24	8:40.39a	Oakdale - A	Q
	10 Merrick Collins	2:16.13			
	11 Sai Veda Boyapati	2:08.31			
	11 Andrew Gregorio	2:08.69			
4.	12 Kaleb Samuels	2:07.64	8:45.70a	Oxon Hill - A	Q
	9 King Patterson	2:14.74			
	9 Ibrahim Shah	2:07.48			
	9 Amari Patterson	2:15.82			
5.	11 Carson Wilt	2:11.70	8:46.71a	North Hagerstown - A	--
	12 Arquinn Borden	2:12.19			
	11 Landon Kelly	2:11.80			
	12 Donovan Baldwin	2:11.00			
6.	11 Vincent L. Do	2:11.09	8:54.43a	Col. Zadok Magruder - A	--
	12 Jack P. Groven	2:15.70			
	12 Cleveland J. Wall	2:07.98			
	11 Natan H. Site	2:19.63			
7.	10 Dylan Legaspi	2:09.78	9:01.95a	James Hubert Blake - A	
	12 Samuel Vanegas	2:13.97			
	10 Ayden Simpson	2:15.08			
	10 Chris Lizama Sanchez	2:23.11			
8.	10 Nathaniel Dawson	2:15.77	9:08.77a	Westminster - A	
	10 Alex Loge	2:17.52			
	11 Brian Murray	2:22.23			
	12 Wyatt Sharp	2:13.23			
9.	10 Luke Page	2:10.44	9:12.43a	Tuscarora - A	
	11 Fode Doumbia	2:24.65			
	12 Xavier Grant	2:23.13			
	9 Elijah Boston	2:14.20			
10.	11 Josh Schindler	2:13.78	9:38.14a	Manchester Valley - A	
	11 Lino Colin Jr	2:20.10			

### Shot Put - 4kg Varsity - Finals

Field Series

1.	10 Sydney Thomas	33-03.00 PR	Watkins Mill	Q
2.	11 Jordyn Shipley	32-10.50 PR	Linganore	Q
3.	12 Madison Medley	32-07.50	Watkins Mill	Q
4.	11 Katelyn Dorsey	30-02.75	Tuscarora	Q
5.	12 Angela Key-Barnes	30-01.25	Watkins Mill	Q
6.	12 Adaeze Obuekwe	29-11.00 PR	Tuscarora	Q
7.	11 Emily Sevilla	28-10.25 PR	Damascus	
8.	11 Lashanna Ouedraogo	28-06.00 PR	Damascus	
9.	12 Layla Ridgway	28-02.25	Westminster	
10.	12 Tochi Akanu Ujah	28-01.75	South Hagerstown	
11.	11 Michaela Kadjemse	27-10.25 PR	South Hagerstown	
12.	12 Keara Zaranski	27-08.75 PR	Westminster	

12	Cooper Breakey	2:24.59		
10	Michael Szczepucha	2:39.64		
11. 12	Leedao Aliti	2:17.38	9:47.66a	Watkins Mill - A
11	Nathan Monroe	2:33.73		
12	Aiden Haney	2:23.39		
11	Kassey Tetteh	2:33.14		
12. 11	Jacob Luce	2:12.50	10:25.14a	Damascus - A
11	Marcos Reyes	2:19.79		
10	Paul Couch	1:59.89		
11	Matthew Gamino	3:52.93		
-- 11	Luca Servis	DNS		Rockville - A
11	Cameron Wong			
10	Braeden Taylor			
11	Jefferson Regitz			
-- 11	Jack Burns	DNS		South Hagerstown - A
10	AJ Bolalin			
10	Braden Sirbaugh			
11	Jackson Ramsburg			

13. 12	Melanie Ramirez	27-02.00 PR		Damascus
14. 10	Alexis Mangene	25-08.50		Oakdale
15. 11	Jacquelyn Cole	24-00.00		Oakdale
-- 12	Bethany Kleiner	DNS		Manchester Valley
-- 12	Faith Kyere	DNS		Linganore
-- 10	Dalyah Rose	DNS		Sherwood

### High Jump Varsity - Finals

### Field Series

1. 12	Sierra Swangin	5-04.00		James Hubert Blake	Q
2. 11	Raeona Fisher	5-02.00 PR		James Hubert Blake	Q
3. 11	Lila Halsey	5-00.00		Westminster	Q
4. 11	Kennedy Scott	4-10.00 PR		Damascus	Q
4. 11	Anna Chamberlin	4-10.00		North Hagerstown	Q
6. 12	Biangca LeFevre	4-10.00 PR		Tuscarora	Q
7. 12	Bethany Kleiner	4-08.00		Manchester Valley	Q
8. 11	Ava Rankin	4-06.00 PR		Oxon Hill	Q
8. 9	Stella Petrelli	4-06.00 PR		Oakdale	Q
8. 11	Johanna Mitchell	4-06.00		Oakdale	Q
11. 9	Jyoti Koenig	4-04.00		Thomas S Wootton	
12. 11	Amanda Chung	4-04.00		Linganore	
-- 12	Lola Keilty-Austin	NH		Oakdale	
-- 12	Leanne Brown	NH		Thomas S Wootton	
-- 11	Laila Faire Williams	NH		North Hagerstown	
-- 11	Karmen Tates	NH		Westminster	
-- 11	Emily Sevilla	NH		Damascus	
-- 10	Imani Ngala	DNS		James Hubert Blake	
-- 12	Juliana Nardini	DNS		Linganore	

### Shot Put - 12lb Varsity - Finals

### Field Series

1. 12	Grant Lohr	53-00.50		Oakdale	Q
2. 11	Kyler Valley	43-10.75		Oakdale	Q
3. 12	Alexander Lambert	42-11.25 PR		Linganore	Q
4. 12	Isaiah Harris Talbo...	42-01.50		Tuscarora	Q
5. 9	Bryant Simms	41-07.75		Oxon Hill	Q
6. 12	Anselmo Dash	40-02.00		Damascus	
7. 11	Andrew Burke	37-00.25		Damascus	
8. 10	Bryan Lemon	36-05.50 PR		Oxon Hill	
9. 11	Colten Nunn	35-05.50		Manchester Valley	
10. 12	Nathaniel Tosten	35-05.25		South Hagerstown	
11. 10	Liam Wieboldt	35-02.50 PR		Westminster	
12. 12	Justice Nshangalume	34-07.75		North Hagerstown	
13. 12	Michael McAleavy	34-06.25		Tuscarora	
14. 12	Jackson Burger	33-11.00		Linganore	
15. 12	Gary Agnello	33-07.00		Linganore	
16. 12	Sri Malkireddy	33-04.75		Oakdale	
17. 12	Johnson Mbeng	32-05.25		James Hubert Blake	
-- 10	Samson Wade	DNS		Manchester Valley	

### Pole Vault Varsity - Finals

### Field Series

1. 12	Zoe Pallia	11-00.00 PR		Damascus	Q
2. 10	Fiona Collins	10-06.00 PR		Oakdale	Q
3. 10	Morgan Booth	9-06.00		Oakdale	Q
4. 12	Lillian Schultz	9-06.00 SR		Oakdale	Q
5. 11	Lily Easter	9-00.00		Westminster	Q
6. 12	Evelin Heine	9-00.00		Linganore	Q
7. 11	Carly Moyer	9-00.00		Linganore	Q
8. 12	Kailyn Nanda	8-06.00 PR		Linganore	Q
9. 11	Julianni Wyche	7-06.00 PR		James Hubert Blake	Q
10. 9	JadeSola Barlow	7-06.00 PR		Tuscarora	Q
11. 10	Reggan Chapin	7-00.00		North Hagerstown	
-- 12	Claire Heard	DNS		North Hagerstown	
-- 9	Hayli Zartman	DNS		Manchester Valley	

### High Jump Varsity - Finals

### Field Series

1. 12	Kenneth Ahwireng	6-02.00 PR		Damascus	Q
2. 12	Amari Parker	6-02.00 PR		Linganore	Q
3. 10	Cooper Byard	5-06.00 PR		North Hagerstown	Q
4. 12	Michael Kwanisai	5-04.00		Oakdale	Q
-- 10	Kyle Kelly	NH		Westminster	
-- 12	Kovidh Shrestha	NH		Westminster	
-- 9	Camron Arriola	NH		Oakdale	
-- 10	Austen Cornejo	NH		Linganore	
-- 11	Bryson Filbert	NH		Thomas S Wootton	
-- 11	Ricky Johnson	NH		Linganore	
-- 12	Ashton Stouffer	NH		North Hagerstown	
-- 9	Matthew Morris	DNS		Oakdale	
-- 11	Michael Timmons	DNS		South Hagerstown	
-- 12	Nicholas Brockdorff	DNS		Manchester Valley	
-- 12	Hunter Bareham	DNS		Westminster	
-- 11	Mark Badger	DNS		Manchester Valley	
-- 10	Andrew Brinn	DNS		Manchester Valley	

### Pole Vault Varsity - Finals

### Field Series

1. 11	Jonas Sparks	14-02.00		Oakdale	Q
2. 12	Emory Best	12-00.00 PR		Linganore	Q
3. 12	Mauricio Encalada	12-00.00 PR		Oakdale	Q
4. 10	Samuel Martinez	11-00.00		Manchester Valley	Q
5. 10	Elias House	10-06.00 PR		North Hagerstown	Q
6. 12	Gabriel Roman	9-06.00 PR		Linganore	
7. 11	Harrison Owczarzak	9-00.00		Manchester Valley	

8. 10	Paxton Boag	9-00.00 PR	Westminster
9. 9	Luke Wisniewski	8-06.00 PR	James Hubert Blake
-- 9	Bennett Moleskie	NH	North Hagerstown
-- 12	Ian Lin	DNS	Manchester Valley
-- 11	Cameron Malle	DNS	Oakdale

# ❄️ MPSSAA 3A West Region Championships HS

**OFFICIAL** 📅 Tue, Feb 18, 2025 📍 Prince George's Sports & Learning Complex - Indoor Track, MD US

## 👤 Mens Varsity

13 / 13 Events Completed

1. Linganore	98
2. Oakdale	76
3. North Hagerstown	45
4. Tuscarora	39
5. Oxon Hill	37
6. Manchester Valley	33
7. Sherwood	31
8. Damascus	30
9. James Hubert Blake	24
10. Col. Zadok Magruder	19
11. Rockville	15
11. Watkins Mill	15
11. Westminster	15
14. Thomas S Wootton	11
15. South Hagerstown	9

## 👤 Womens Varsity

13 / 13 Events Completed

1. Oxon Hill	95.33
2. James Hubert Blake	61
3. Tuscarora	45
4. <u>Oakdale</u>	43.66
5. North Hagerstown	40.5
6. Linganore	40
7. Manchester Valley	36
8. Damascus	34.5
9. Watkins Mill	32
10. Westminster	29
11. Col. Zadok Magruder	20
12. Sherwood	19
13. South Hagerstown	8
14. Rockville	3