

MPSSAA 4A West Region Championships HS

OFFICIAL Mon, Feb 3, 2025 Prince George's Sports & Learning Complex - Indoor Track, MD L

Mens Results

55 Meter Dash Varsity - Finals

1.	12	Quentin Braithwaite	6.45a	Montgomery Blair
2.	10	Dejean Wilson	6.56a PR	Montgomery Blair
3.	11	Deven Bailey	6.64a	Wheaton
4.	11	Jayden Deleon	6.64a	Montgomery Blair
5.	11	Keith Kibisu	6.76a PR	Bethesda-Chevy Chase
6.	11	Karim Alexander	6.77a	Richard Montgomery
7.	12	Alan Wang	6.78a PR	Winston Churchill
8.	11	Ja'Cari Armstrong	6.80a PR	Gaithersburg
9.	12	Chukwuemelie Nnamdi	6.80a PR	Winston Churchill
10.	10	Arlyn Hall	6.82a PR	Seneca Valley

55 Meter Dash Varsity - Prelims

1.	12	Quentin Braithwaite	6.56a	Montgomery Blair
2.	11	Jayden Deleon	6.63a	Montgomery Blair
3.	11	Deven Bailey	6.68a	Wheaton
4.	10	Dejean Wilson	6.75a	Montgomery Blair
5.	11	Karim Alexander	6.81a	Richard Montgomery
6.	11	Ja'Cari Armstrong	6.84a	Gaithersburg
7.	10	Arlyn Hall	6.85a	Seneca Valley
8.	12	Chukwuemelie Nnamdi	6.86a	Winston Churchill
9.	11	Keith Kibisu	6.86a	Bethesda-Chevy Chase
10.	12	Alan Wang	6.89a	Winston Churchill
11.	12	Raphael Meltzer	6.89a	Walter Johnson
12.	11	Salomon Attiogbe Si...	6.90a	Clarksburg
13.	10	Anthony Wiseman	6.92a	Winston Churchill
14.	10	Emmanuel Graham	6.94a	Gaithersburg
15.	10	David Thompson	6.97a	Paint Branch
16.	12	Maxwell Eaton	7.00a	Northwood
17.	10	Neel Smith	7.00a	Wheaton
18.	12	Najee Ankoma-Sey	7.07a	Bethesda-Chevy Chase
--	12	Van Mahoney	DNS	Northwest

300 Meters Varsity - Finals

1.	11	Jayden Deleon	34.76a PR	Montgomery Blair
2.	12	Quentin Braithwaite	34.91a PR	Montgomery Blair
3.	12	Raphael Meltzer	35.79a PR	Walter Johnson
4.	11	Ntsika Ayomikun Oye...	36.42a	Paint Branch
5.	10	Tyler Hall	36.49a PR	Northwest
6.	11	Etornam A. Agbonyit...	36.51a	Springbrook
7.	12	Kemarley D. Hibbert	36.63a	Paint Branch
8.	11	Eyako Kumazah	36.79a PR	Gaithersburg
9.	11	Joseph Nyankun	36.84a PR	Paint Branch
10.	10	Dejean Wilson	37.32a PR	Montgomery Blair
11.	12	Maxwell Eaton	37.72a	Northwood
12.	11	Salomon Attiogbe Si...	37.80a	Clarksburg
13.	12	Christopher J. Argu...	37.89a PR	Northwood

14.	11	Alessandro Marenco	38.83a	Walter Johnson
15.	12	Gideon Gotiangco	40.64a	Walter Johnson
--	11	Deven Bailey	DNS	Wheaton
--	10	Anthony Wiseman	DNS	Winston Churchill
--	12	Horace Moore	DNS	Wheaton

500 Meters Varsity - Finals

1.	11	Jayden Deleon	1:04.64a	Montgomery Blair	?
2.	12	Jacob Martin	1:04.79a PR	Paint Branch	
3.	10	Tyler Hall	1:05.53a PR	Northwest	
4.	11	Eyako Kumazah	1:07.42a PR	Gaithersburg	
5.	12	Gideon Gotiangco	1:09.20a PR	Walter Johnson	
6.	11	Etonam A. Agbonyit...	1:09.41a	Springbrook	
7.	12	Tytan Hinkson	1:10.56a	Bethesda-Chevy Chase	
8.	10	Amadeo Apolinar	1:10.58a	Walter Johnson	
9.	12	Adam Dubelman	1:11.67a PR	Richard Montgomery	
10.	10	Kalib Bond	1:11.69a	Montgomery Blair	
11.	12	Francisco Mora	1:11.94a	Clarksburg	
12.	11	Elijah Leese	1:12.05a	Northwest	
13.	11	Anderson Orsega	1:12.25a	Clarksburg	
14.	12	Otneil Nguehou Djan...	1:13.34a	Clarksburg	
--	10	Adam Karama	DNS	Winston Churchill	
--	10	Nathan Gashaw	DNS	Wheaton	
--	12	Horace Moore	DNS	Wheaton	
--	12	Sidney Hairston II	DNS	Northwest	

800 Meters Varsity - Finals

Splits

1.	12	Jacob Martin	1:58.65a	Paint Branch
2.	12	Natnael Gebremariam	2:00.79a PR	Montgomery Blair
3.	12	Dillon Morgan	2:04.75a	Northwest
4.	11	Erich Ramos	2:04.82a	Montgomery Blair
5.	10	Richard Harris	2:06.26a	Northwest
6.	11	Daniel McNelis	2:06.52a	Winston Churchill
7.	11	Benjamin Burckle	2:07.28a	Montgomery Blair
8.	10	Ari Held	2:07.56a	Northwood
9.	12	Kylen Tow	2:09.11a	Richard Montgomery
10.	9	Ian Fisher	2:10.01a	Northwood
11.	12	Sam Buxton	2:10.12a	Albert Einstein
12.	12	Stepan Volkov	2:11.80a	Winston Churchill
13.	11	Benjamin Ploeger	2:12.27a	Wheaton
14.	12	Griffin Lupes	2:14.45a	Albert Einstein
15.	11	Zack Pritts	2:18.64a	Walt Whitman
16.	11	Jayden Jennings	2:25.11a	Northwest
--	10	Nathan Gashaw	DNS	Wheaton
--	11	Tobin Connelly	DNS	Bethesda-Chevy Chase

1600 Meters Varsity - Finals

Splits

1.	12	Mateo Gros-Slovinsky	4:29.31a	Walt Whitman
2.	11	Santiago Gutierrez	4:32.02a PR	Winston Churchill
3.	11	Michael Habib	4:33.16a PR	Bethesda-Chevy Chase
4.	12	Dylan Underwood	4:34.03a PR	Clarksburg
5.	11	Henry Nichols	4:34.06a	Northwood
6.	11	Ayaan Ahmad	4:34.13a PR	Clarksburg
7.	12	Sam Buxton	4:35.94a PR	Albert Einstein
8.	11	Zack Pritts	4:36.39a PR	Walt Whitman
9.	10	Ari Held	4:37.36a PR	Northwood
10.	9	Ian Fisher	4:37.76a PR	Northwood
11.	11	Erich Ramos	4:42.88a	Montgomery Blair

12.	12	Kylen Tow	4:44.28a	Richard Montgomery
13.	12	Jonah Daniel	4:47.59a PR	Walter Johnson
14.	11	Felix Veliz	4:50.87a	Seneca Valley
15.	12	Griffin Lupes	5:01.56a	Albert Einstein
--	12	Nathaniel Swanson	DNS	Winston Churchill
--	11	Tobin Connelly	DNS	Bethesda-Chevy Chase
--	12	Naasir Bakari	DNS	Northwest

3200 Meters Varsity - Finals

1.	12	Nathaniel Swanson	9:45.08a	Winston Churchill
2.	12	Mateo Gros-Slovinsky	9:49.12a	Walt Whitman
3.	11	Donovan Hicks	9:51.74a PR	Bethesda-Chevy Chase
4.	11	Santiago Gutierrez	9:51.76a	Winston Churchill
5.	11	Henry Nichols	9:52.13a SR	Northwood
6.	12	Cadan Felten	9:57.44a PR	Bethesda-Chevy Chase
7.	11	Ayaan Ahmad	10:01.07a	Clarksburg
8.	11	Luke Burkes	10:03.81a PR	Albert Einstein
9.	12	Jasper Goldstein	10:20.32a	Walter Johnson
10.	11	Evan Blenkinsop	10:25.00a PR	Montgomery Blair
11.	11	Maxwell Wolf	10:25.21a	Walt Whitman
12.	11	Satchel Jelen	10:25.67a	Montgomery Blair
13.	11	Saaim Hamdani	10:44.67a	Seneca Valley
14.	10	Samuel Zhang	10:46.26a	Winston Churchill
15.	11	Nico Tamez	10:51.01a	Walt Whitman
16.	11	Zane Peterson	10:56.43a	Albert Einstein
17.	9	Lev Brener	10:56.57a	Wheaton
18.	10	Evan Hodge	11:32.70a	Quince Orchard

55m Hurdles - 39" Varsity - Finals

1.	11	Shiloh Bryant-Serra...	7.87a	Paint Branch
2.	12	De'Tavious Graves	8.08a PR	Bethesda-Chevy Chase
3.	11	Mooti Chimdi	8.20a	Montgomery Blair
4.	12	Ryan Hall	8.25a	Northwest
5.	11	Rajan Bell	8.59a	Wheaton
6.	12	Jasper Sandmeyer	8.71a	Bethesda-Chevy Chase
7.	10	Matthew Noone	8.75a PR	Walt Whitman
8.	10	Oluwanifemi Egbetayo	9.04a PR	Montgomery Blair
9.	12	Vincent Bui	9.08a SR	Seneca Valley
10.	11	Engodio Diomande	9.28a	Gaithersburg

55m Hurdles - 39" Varsity - Prelims

1.	11	Shiloh Bryant-Serra...	8.09a	Paint Branch
2.	12	De'Tavious Graves	8.09a	Bethesda-Chevy Chase
4.	12	Ryan Hall	8.30a	Northwest
3.	11	Rajan Bell	8.38a PR	Wheaton
5.	11	Mooti Chimdi	8.55a	Montgomery Blair
6.	11	Engodio Diomande	8.88a PR	Gaithersburg
7.	12	Jasper Sandmeyer	8.99a	Bethesda-Chevy Chase
8.	10	Oluwanifemi Egbetayo	9.06a	Montgomery Blair
9.	12	Vincent Bui	9.27a	Seneca Valley
10.	10	Matthew Noone	9.45a	Walt Whitman
11.	12	Kayden Henry-Sealy	9.73a	John F Kennedy
12.	10	Alvaro Gonzales-Yse...	9.89a	Richard Montgomery
13.	9	Ricardo Juarez-Esco...	9.91a PR	Clarksburg
14.	9	Jayce Bigirimana	9.94a PR	Richard Montgomery
15.	10	Mason Holstein	10.21a PR	Quince Orchard
16.	11	Charlie Levine	10.45a PR	Walt Whitman
--	10	Arlyn Hall	DQ	Seneca Valley

-- 10 Daniel Hagvall DQ Walter Johnson

4x200 Relay Varsity - Finals

1. 12 Quentin Braithwaite 1:30.81a Montgomery Blair - A
10 Dejean Wilson
11 Jayden Deleon
11 Cole Dubois
2. 11 Ntsika Ayomikun Oyedeji 1:32.46a Paint Branch - A
11 Shiloh I. Bryant-Serrano
12 Kemarley D. Hibbert
11 Joseph Nyankun
3. 12 Raphael Meltzer 1:33.69a Walter Johnson - A
11 Alessandro Marenco
11 Koji Kirby
11 Ariel Stone
4. 11 Deven Bailey 1:34.84a Wheaton - A
12 Horace Moore
10 Neel Smith
10 Jonathan Raibi
5. 10 Tyler Hall 1:35.18a Northwest - A
11 Jayden Jennings
12 Ryan Hall
12 Sidney Hairston II
6. 12 Alan Wang 1:36.04a Winston Churchill - A
12 Guyiri Kamal-Deen
10 Anthony Wiseman
12 Chukwuemelie Nnamdi
7. 12 Maxwell Eaton 1:36.25a Northwood - A
12 Christopher J. Argueta
10 Kymani Pompey
9 Noah Fisher
8. 11 Aras Arikan 1:36.32a Walt Whitman - A
12 Paris Ndakissa Okogho
10 Theodore Dupree
12 Jo-Saih Lebale
9. 11 Ja'Cari Armstrong 1:36.57a Gaithersburg - A
11 Robin Douglas
10 Emmanuel Graham
11 Eyako Kumazah
10. 11 Lorenzo Loaiza 1:36.70a Bethesda-Chevy Chase - A
11 Keith Kibisu
12 Sebastian Martinez
11 Adam Kessler
11. 12 Wilfried Kolani 1:37.07a Clarksburg - A
9 Carl Dossouvi
12 Shona Mutokuto
11 Salomon Attiogbe Silete
12. 12 Clark Fuhwni 1:37.64a Springbrook - A
12 Ian S. Tsafack
11 Aidyn Thomasson
11 Etonam A. Agbonyitor
13. 11 Karim Alexander 1:39.77a Richard Montgomery - A
12 Olubunmi Fatukasi
12 Amare Fleming
10 Joshua-Paul Williams
14. 12 Vincent Bui 1:40.96a Seneca Valley - A
10 Arlyn Hall
11 Joshua Omotoso
11 Noah Awouvi

15. 11 Godwynn Adeyeye 1:42.28a Quince Orchard - A
 10 Ryan Sorra
 9 Mason Alexander
 9 Leo Portillo
16. 9 Ibrahima Tamba 1:42.38a John F Kennedy - A
 12 Kayden Henry-Sealy
 10 Tahir Pope Johns
 10 David Fornah

4x400 Relay Varsity - Finals

1. 11 Ntsika Ayomikun Oyedeji 3:28.10a Paint Branch - A
 12 Kemarley Hibbert
 11 Joseph Nyankun
 12 Jacob Martin
2. 12 Raphael Meltzer 3:29.10a Walter Johnson - A
 11 Alessandro Marengo
 10 Amadeo Apolinar
 12 Gideon Gotiangco
3. 10 Tyler Hall 3:34.09a Northwest - A
 12 Dillon Morgan
 11 Elijah Leese
 12 Sidney Hairston II
4. 10 Brayden Stephens 3:37.11a Montgomery Blair - A
 12 Natnael Gebremariam
 11 Cole Dubois
 11 John Taylor
5. 11 Lorenzo Loaiza 3:38.33a Bethesda-Chevy Chase - A
 11 Adam Kessler
 12 De'Tavious Graves
 12 Tytan Hinkson
6. 12 Dylan Underwood 3:39.41a Clarksburg - A
 12 Shona Mutokuto
 12 Wilfried Kolani
 12 Francisco Mora
7. 11 Etonam A. Agbonyitor 3:39.89a Springbrook - A
 12 Ian S. Tsafack
 11 Johnathan B. Tchamdja
 10 Darly Philogene
8. 12 Jo-Saih Lebale 3:40.19a Walt Whitman - A
 12 Paris Ndakissa Okogho
 12 Mateo Gros-Slovinsky
 11 Zack Pritts
9. 12 Maxwell Eaton 3:40.21a Northwood - A
 12 Christopher J. Argueta
 12 Jayden Apenteng
 11 Henry Nichols
10. 12 Eli Sledge 3:44.61a Quince Orchard - A
 10 Ryan Sorra
 11 Luke Marshall
 9 Mason Alexander
11. 12 Guyiri Kamal-Deen 3:45.77a Winston Churchill - A
 10 Taylen Li
 10 Adam Karama
 12 Uchenna Holder
12. 11 Deven Bailey 3:45.89a Wheaton - A
 10 Jonathan Raibi
 12 Horace Moore
 10 Nathan Gashaw
13. 12 Adam Dubelman 3:46.74a Richard Montgomery - A

- 10 Xavier K. Saenz
- 12 Kylan Tow
- 9 Peter Kinsinger
- 14. 10 Arlyn Hall 3:47.76a Seneca Valley - A
- 11 Joshua Omotoso
- 9 Mathias Bizuayehu
- 11 Ali Jarr-Koroma

4x800 Relay Varsity - Finals

Splits

- | | | | | |
|-----|------------------------------|---------|----------|--------------------------|
| 1. | 12 Natnael Gebremariam | 2:03.25 | 8:21.65a | Montgomery Blair - A |
| | 10 Kalib Bond | 2:08.47 | | |
| | 11 John Taylor | 2:05.54 | | |
| | 11 Benjamin Burckle | 2:04.38 | | |
| 2. | 12 Francisco Mora | 2:06.72 | 8:31.62a | Clarksburg - A |
| | 12 Otheil Nguehou Djanmeni | 2:10.13 | | |
| | 11 Ayaan Ahmad | 2:08.33 | | |
| | 12 Dylan Underwood | 2:06.41 | | |
| 3. | 11 Michael Habib | 2:06.33 | 8:31.89a | Bethesda-Chevy Chase - A |
| | 11 Donovan Hicks | 2:06.78 | | |
| | 11 Tobin Connelly | 2:10.55 | | |
| | 12 Cherian Mampilly | 2:08.20 | | |
| 4. | 12 Sam Buxton | 2:06.10 | 8:33.11a | Albert Einstein - A |
| | 12 Griffin Lupes | 2:05.29 | | |
| | 11 Milo Cotes | 2:09.39 | | |
| | 10 Henry Lupes | 2:12.32 | | |
| 5. | 10 Richard Harris | 2:13.01 | 8:34.62a | Northwest - A |
| | 11 Jayden Jennings | 2:08.29 | | |
| | 12 Sidney Hairston II | 2:07.52 | | |
| | 12 Dillon Morgan | 2:05.78 | | |
| 6. | 11 Daniel McNelis | 2:07.97 | 8:35.50a | Winston Churchill - A |
| | 9 Krish Sood | 2:10.94 | | |
| | 10 Samuel Zhang | 2:12.04 | | |
| | 12 Stepan Volkov | 2:04.52 | | |
| 7. | 10 Nathan Gashaw | 2:11.92 | 8:36.79a | Wheaton - A |
| | 11 Benjamin Ploeger | 2:07.60 | | |
| | 12 Jack Denevi | 2:08.74 | | |
| | 10 Daniel Guzman Castro | 2:08.51 | | |
| 8. | 9 Kaosisochi U Nwankwo | 2:08.95 | 8:41.13a | Springbrook - A |
| | 11 Jonah R Mays | 2:09.97 | | |
| | 9 Christ Bonito Njawah Kamta | 2:16.15 | | |
| | 10 Darly Philogene | 2:06.03 | | |
| 9. | 11 Felix Veliz | 2:11.42 | 8:50.90a | Seneca Valley - A |
| | 12 Joel Ezeigwe | 2:16.11 | | |
| | 11 Daniel Crooks | 2:11.01 | | |
| | 11 Ali Jarr-Koroma | 2:12.34 | | |
| 10. | 12 Eli Sledge | 2:12.38 | 9:02.52a | Quince Orchard - A |
| | 11 Luke Marshall | 2:14.77 | | |
| | 11 Aaron Lalmansingh | 2:17.73 | | |
| | 9 Mason Alexander | 2:17.63 | | |
| 11. | 11 Fanuel Jenberu | 2:10.87 | 9:16.33a | Northwood - A |
| | 11 Salomon Alingi | 2:18.97 | | |
| | 9 Noah Fisher | 2:19.39 | | |
| | 10 Kymani Pompey | 2:27.08 | | |
| 12. | 10 Inder Haugen | 2:16.38 | 9:17.39a | Richard Montgomery - A |
| | 10 Evan Huang | 2:22.51 | | |
| | 9 Peter Kinsinger | 2:20.44 | | |
| | 10 Xavier K. Saenz | 2:18.04 | | |
| 13. | 12 Jonah Daniel | 2:19.45 | 9:19.37a | Walter Johnson - A |

	10	Amadeo Apolinar	2:20.92	
	12	Timmy Gaul	2:25.60	
	12	Gideon Gotiangco	2:13.37	
14.	12	Stephen Johnson	2:14.13	9:20.97a Walt Whitman - A
	11	Max Forman	2:21.38	
	11	Ethan Stearns	2:25.04	
	9	Durke Anderson	2:20.40	
15.	10	Dante Butler	2:24.07	9:23.50a Paint Branch - A
	12	Joshua Wong	2:21.24	
	11	Kelvin De La Cruz	2:19.05	
	12	Adonis F. Tefang	2:19.12	
16.	11	Engodio Diomande	2:26.28	10:36.65a Gaithersburg - A
	12	Emanuel Nesibu	2:21.37	
	9	Levi Zangmeister	3:04.39	
	9	Gabriel Iglesias	2:44.59	

Shot Put - 12lb Varsity - Finals

Field Series

1.	10	AJ Wester	44-07.50	Clarksburg
2.	12	Georges Monga Mandé	44-06.00	Clarksburg
3.	12	Van Mahoney	42-01.50 PR	Northwest
4.	11	Xavier Alexander-Po...	41-06.50	Walter Johnson
5.	11	Christopher Moore	41-03.50	Northwest
6.	11	Marvin Armah	40-06.50	Paint Branch
7.	10	Freddy Shahan	37-07.50	Quince Orchard
8.	12	Tony Huynh	36-08.00	Montgomery Blair
9.	12	Jaidyn Mattis	36-06.50	Northwest
10.	12	Daniel Polott	34-07.00	Walter Johnson
11.	12	Elijah Thompson	34-04.00 PR	Paint Branch
12.	12	Amit Sabba	33-07.50	Walter Johnson
13.	11	Ethan Nyamulate	32-06.00	Winston Churchill
14.	10	De'Andre Blakeney	32-05.00	Bethesda-Chevy Chase
15.	12	Zachary Thomas	32-00.00	Bethesda-Chevy Chase
16.	12	Richard Harris	27-08.00	Seneca Valley
16.	11	Brendan Weinstein	27-08.00	Winston Churchill
18.	10	Samuel Moyer	26-09.00	Quince Orchard

High Jump Varsity - Finals

Field Series

1.	11	Bakari Taylor	6-09.00 PR	Winston Churchill
2.	12	De'Tavious Graves	6-04.00	Bethesda-Chevy Chase
3.	12	Jasper Sandmeyer	6-00.00	Bethesda-Chevy Chase
4.	12	Clark Fuhwni	5-10.00	Springbrook
5.	11	Noah Awouvi	5-08.00	Seneca Valley
6.	11	Olatotajowa Gbadebo	5-08.00 PR	Bethesda-Chevy Chase
7.	10	Samuel Giboria	5-06.00 PR	Wheaton
8.	12	Arnaud Marchat	5-04.00 PR	Walter Johnson
9.	12	Ryan Hall	5-04.00	Northwest
--	12	Wilfried Kolani	NH	Clarksburg
--	12	Sumeet Mahata	NH	Clarksburg
--	11	Tyrik Hall	DNS	Northwest
--	10	Nicholas Lee	NH	Quince Orchard
--	10	Adetimilehin Badmus	NH	Wheaton
--	10	Oluwanifemi Egbetayo	NH	Montgomery Blair
--	9	Durke Anderson	NH	Walt Whitman
--	9	Geoffrey Quarles	NH	Clarksburg
--	10	Trent Huyck	DNS	Northwest
--	9	James Bonilla	NH	Walter Johnson
--	11	Andrew Batje	DNS	Wheaton

Pole Vault Varsity - Finals

Field Series

1.	12	David Meldorf	11-06.00	SR	Northwest
2.	12	Josh Hananel	11-06.00		Walter Johnson
3.	11	Isaac Evans	10-06.00		Seneca Valley
3.	12	Miles Ford	10-06.00		Northwest
5.	12	Walter Graybeal	9-06.00		Clarksburg
--	11	Zeyad Jazouli	NH		Montgomery Blair
--	10	Oluwanifemi Egbetayo	DNS		Montgomery Blair

Womens Results

55 Meter Dash Varsity - Finals

1.	11	Iyanni Daley	7.20a		Wheaton
2.	12	Danora Plush	7.30a		Seneca Valley
3.	12	Ruth Ayuk-Takor	7.35a		Paint Branch
4.	9	Cayden Flowers	7.36a	PR	Paint Branch
5.	12	Hilary Alao	7.45a	PR	Walter Johnson
6.	11	Chanel Stora	7.51a		Seneca Valley
7.	11	Lorien Pelote	7.52a		Wheaton
8.	12	Eden Koehler	7.53a		Seneca Valley
9.	10	Addison Finlay	7.54a	PR	Northwood
10.	12	Abigail Faith Mocos...	7.66a		Montgomery Blair

55 Meter Dash Varsity - Prelims

1.	11	Iyanni Daley	7.31a		Wheaton
2.	12	Danora Plush	7.34a		Seneca Valley
3.	12	Ruth Ayuk-Takor	7.38a		Paint Branch
4.	9	Cayden Flowers	7.38a		Paint Branch
5.	11	Lorien Pelote	7.49a		Wheaton
6.	11	Chanel Stora	7.51a		Seneca Valley
7.	12	Hilary Alao	7.52a		Walter Johnson
8.	12	Eden Koehler	7.54a		Seneca Valley
9.	12	Abigail Faith Mocos...	7.59a		Montgomery Blair
10.	10	Addison Finlay	7.60a		Northwood
11.	9	Anjolaoluwa S. Akan...	7.60a	PR	Springbrook
12.	11	Avery Washington	7.60a	PR	Walt Whitman
13.	12	Nicole Fenno	7.61a	PR	Wheaton
14.	12	Laura Jablonover	7.61a		Winston Churchill
15.	11	Euphemia Lamptey	7.61a		Paint Branch
16.	12	Isabella Relacion	7.67a		Walter Johnson
17.	11	Camille Wade	7.80a		Montgomery Blair
18.	12	Malak E Fadlalla	7.81a		Springbrook

300 Meters Varsity - Finals

1.	12	Ruth Ayuk-Takor	41.38a		Paint Branch
2.	12	Laura Jablonover	41.85a	PR	Winston Churchill
3.	12	Hilary Alao	42.32a	PR	Walter Johnson
4.	11	Chanel Stora	42.66a	PR	Seneca Valley
5.	9	Anjolaoluwa S. Akan...	42.70a	PR	Springbrook
6.	10	Sophie Jacobs	42.75a	PR	Wheaton
7.	12	Isabella Relacion	42.87a	PR	Walter Johnson
8.	12	Vynou R Philogene	43.14a		Springbrook
9.	9	Cayden Flowers	43.18a		Paint Branch
10.	10	Maliyah Gist	43.41a	PR	Gaithersburg
11.	12	Eden Koehler	43.44a		Seneca Valley
12.	11	Eva Valdez	43.88a	PR	Paint Branch
13.	9	Kori A. Danso	44.14a	PR	Springbrook

14.	12	Danora Plush	44.19a	Seneca Valley
15.	10	Meron Kossy	44.79a	Winston Churchill
16.	11	Laure Mbonimpa	45.01a	Northwest
17.	11	Alicia Hairston	45.46a	Northwest
18.	10	Sydney Walsh	46.29a	Walter Johnson

500 Meters Varsity - Finals

1.	12	Kayla Gordon	1:19.37a	SR	Gaithersburg
2.	10	Marcela Mason-Rodri...	1:21.39a	PR	Montgomery Blair
3.	12	Danielle Krinn	1:21.84a	PR	Bethesda-Chevy Chase
4.	11	Ekeka Ogbe	1:22.14a	PR	Northwest
5.	12	Aisha Kandji	1:22.73a	PR	Clarksburg
6.	12	Amelia Menefee	1:22.92a	SR	Bethesda-Chevy Chase
7.	10	Kimia Haghighiyan	1:24.20a	PR	Winston Churchill
8.	11	Aliyah Chandler	1:24.38a	PR	Northwest
9.	10	Gabriella McKenzie	1:24.49a	PR	Montgomery Blair
10.	11	Sydney Stern	1:24.70a		Winston Churchill
11.	11	Euphemia Lamptey	1:24.93a	PR	Paint Branch
12.	11	Minda Y. Coulibaly	1:25.58a	PR	Springbrook
13.	10	Layla Williams	1:26.87a	PR	Northwest
14.	9	Chizitera Nsolo	1:27.20a	PR	Seneca Valley
15.	10	Keira Tow	1:28.00a	PR	Richard Montgomery
16.	9	Yanning Lin	1:28.42a	PR	Richard Montgomery
17.	11	Aissata Agali Moussa	1:28.55a		Seneca Valley
18.	12	Chesna Foster	1:35.41a		Northwood

800 Meters Varsity - Finals

Splits

1.	12	Megan Raue	2:20.64a		Walter Johnson
2.	12	Katherine Greenwald	2:22.25a		Walt Whitman
3.	11	Audrey Wychulis	2:23.43a	PR	Northwest
4.	10	Nya Stoian	2:23.47a	PR	Bethesda-Chevy Chase
5.	12	Emma Bergfalk	2:26.91a	SR	Montgomery Blair
6.	11	Margaret Sagan	2:29.38a	PR	Winston Churchill
7.	12	Amelia Menefee	2:30.90a		Bethesda-Chevy Chase
8.	10	Adelaide Ryan	2:34.01a		Gaithersburg
9.	10	Jariane Martinez Ma...	2:35.74a	PR	Seneca Valley
10.	9	Gabriela Noya	2:35.89a		Walt Whitman
11.	12	Aimee Tukey	2:36.82a		Winston Churchill
12.	10	Clara Dixon	2:36.93a		Albert Einstein
13.	12	Emerson Bernstein	2:37.15a		Winston Churchill
14.	11	Sascha Wadhams	2:37.51a		Richard Montgomery
15.	10	Mirae Denaro	2:37.63a		Walter Johnson
16.	11	Aurora Della-Giacoma	2:38.22a		Montgomery Blair
17.	12	Danielle Krinn	2:39.60a		Bethesda-Chevy Chase
18.	11	Neluki Sarathchandra	2:39.89a		Clarksburg

1600 Meters Varsity - Finals

Splits

1.	12	Megan Raue	5:04.70a	PR	Walter Johnson
2.	12	Katherine Greenwald	5:07.50a	SR	Walt Whitman
3.	10	Nya Stoian	5:10.10a		Bethesda-Chevy Chase
4.	11	Audrey Wychulis	5:11.66a	PR	Northwest
5.	12	Ella Werkman	5:15.02a		Walt Whitman
6.	12	Emma Bergfalk	5:23.56a	PR	Montgomery Blair
7.	11	Alexia Ladstaetter	5:25.25a	PR	Bethesda-Chevy Chase
8.	11	Korinne Austin	5:25.73a		Winston Churchill
9.	11	Margaret Sagan	5:27.42a		Winston Churchill
10.	11	Aubrey Green	5:27.63a	PR	Bethesda-Chevy Chase
11.	10	Madeline Kelly	5:28.86a	PR	Clarksburg

12.	10	Adelaide Ryan	5:31.61a	SR	Gaithersburg
13.	11	Olivia Donmoyer	5:33.35a	PR	Quince Orchard
14.	10	Junia Whang	5:43.89a		Winston Churchill
15.	10	Clara Dixon	5:47.58a		Albert Einstein
16.	10	Leela Joshi	5:49.27a		Albert Einstein
17.	10	Adeline Hogan	5:49.43a		Montgomery Blair
--	12	Emma Colavito	DNS		Richard Montgomery

3200 Meters Varsity - Finals

1.	12	Ani Bailin	10:56.22a	SR	Bethesda-Chevy Chase
2.	12	Emma Colavito	10:59.01a	PR	Richard Montgomery
3.	12	Ella Werkman	11:37.26a		Walt Whitman
4.	11	Korinne Austin	11:52.27a		Winston Churchill
5.	12	Julia Robison	11:55.91a	PR	Montgomery Blair
6.	10	Mirae Denaro	12:00.44a		Walter Johnson
7.	10	Madeline Kelly	12:11.26a		Clarksburg
8.	9	Mariana Song	12:12.21a		Bethesda-Chevy Chase
9.	11	Alexia Ladstaetter	12:18.24a	PR	Bethesda-Chevy Chase
10.	10	Emilia Pardo	12:38.13a		Winston Churchill
11.	11	Shreya Modur	12:38.89a	PR	Northwest
12.	10	Jarlane Martinez Ma...	12:44.39a	PR	Seneca Valley
13.	9	Divya Mudunuri	12:50.58a	PR	Northwest
14.	9	Nadia Lund	13:02.14a		Winston Churchill
15.	11	Ann Linkie	13:11.25a		Walter Johnson
16.	11	Sophia Barrett	13:23.80a		Walter Johnson
17.	9	Kendra Carman	13:33.23a		Seneca Valley
18.	11	Ariana Amaya	13:44.54a		Northwood

55m Hurdles - 33" Varsity - Finals

1.	12	Danora Plush	8.36a	PR	Seneca Valley
2.	12	Elena Juarez	8.39a		Gaithersburg
3.	10	Addison Finlay	8.65a	PR	Northwood
4.	12	Jayla Thornton	8.68a	PR	Clarksburg
5.	12	Malak E Fadlalla	8.73a		Springbrook
6.	10	Funmilola H. Ayoku	8.77a	PR	Springbrook
7.	12	Binta Keita	8.93a	PR	Seneca Valley
8.	11	Aniyah E. Harris	9.04a	PR	Springbrook
9.	12	Laylah Talley	9.07a		Clarksburg
10.	12	Daeniyah Dancy	9.37a		Northwest

55m Hurdles - 33" Varsity - Prelims

1.	12	Elena Juarez	8.50a		Gaithersburg
2.	12	Danora Plush	8.52a		Seneca Valley
4.	10	Addison Finlay	8.71a		Northwood
3.	12	Jayla Thornton	8.88a		Clarksburg
5.	10	Funmilola H. Ayoku	8.98a		Springbrook
6.	12	Daeniyah Dancy	8.98a		Northwest
7.	12	Malak E Fadlalla	9.08a		Springbrook
8.	12	Binta Keita	9.11a		Seneca Valley
9.	11	Aniyah E. Harris	9.24a		Springbrook
10.	12	Laylah Talley	9.26a		Clarksburg
11.	12	Jada Stubbs	9.39a		Northwest
12.	12	Alejandra Gomez Alv...	9.54a	PR	Walter Johnson
13.	12	Ava Wilson	9.81a	PR	Walt Whitman
14.	11	Eliana Gentry	10.00a	PR	Walter Johnson
15.	12	Johari Saidi	10.22a		Winston Churchill
16.	11	Aliyah Beard	10.29a		Quince Orchard
17.	12	Haanat Salau	10.45a		Winston Churchill

18. 10 Gloria P. Kpetevi 18.27a Paint Branch

4x200 Relay Varsity - Finals

1. 11 Chanel Stora 1:44.97a Seneca Valley - A
12 Eden Koehler
12 Danora Plush
11 Gabrielle Badoo
2. 11 Iyanni Daley 1:45.90a Wheaton - A
12 Nicole Fenno
10 Sophie Jacobs
11 Lorien Pelote
3. 12 Ruth Ayuk-Takor 1:47.05a Paint Branch - A
9 Cayden Flowers
11 Euphemia Lamptey
11 Eva Valdez
4. 12 Vynou R Philogene 1:47.83a Springbrook - A
12 Malak E Fadlalla
9 Anjolaoluwa S. Akanni
11 Aniyah E. Harris
5. 12 Kesare Bakare 1:49.53a Gaithersburg - A
12 Elena Juarez
10 Maliyah Gist
12 Kayla Gordon
6. 11 Alicia Hairston 1:49.93a Northwest - A
11 Brooke Fields
11 Ekeka Ogbe
11 Laure Mbonimpa
7. 12 Isabella Relacion 1:50.94a Walter Johnson - A
12 Hilary Alao
12 Isabel Chomas
10 Sydney Walsh
8. 11 Camille Wade 1:51.50a Montgomery Blair - A
12 Abigail Faith Mokosso
10 Gabriella McKenzie
10 Kayla Poku
9. 11 Adileen Muñiz Lebrón 1:53.21a Bethesda-Chevy Chase - A
12 Fiona Narrrod-Malcolm
9 Leila Harleston
11 Mathilda DeCosse
10. 11 Avery Washington 1:53.40a Walt Whitman - A
12 Ava Wilson
12 Esele Egbiremon
12 Onehizeme Egbiremon
11. 10 Addison Finlay 1:53.45a Northwood - A
10 Angel Fletcher
12 Chesna Foster
12 Joele Washington
12. 9 Lilianne Acheson 1:54.10a Winston Churchill - A
10 Meron Kossy
10 Jemmie Pollack
10 Kimia Haghighiyan
13. 11 Candice Dondon 1:58.81a Richard Montgomery - A
9 kennedi Peppins
11 Mira Kalra
10 Carrie Nguyen
14. 11 Abondance Buana 1:59.88a Quince Orchard - A
10 Kamilah Pinkney
12 Naiya Knott
12 Stephanie Portillo

15. 9 Elizabeth Conteh 2:00.22a Clarksburg - A
 9 Hannah Sevilla
 11 Kaylan Leggett
 12 Laylah Talley
 -- 11 Mikayla Williams DNS Albert Einstein - A
 11 Jayda Delvalle Reyes
 12 Kadidia Cisse
 11 Amelia Pratt

4x400 Relay Varsity - Finals

1. 11 Iyanni Daley 4:12.95a Wheaton - A
 10 Sophie Jacobs
 11 Lorien Pelote
 12 Nicole Fenno
 2. 10 Kimia Haghighiyan 4:14.17a Winston Churchill - A
 11 Sydney Stern
 10 Meron Kossy
 12 Laura Jablonover
 3. 12 Vynou R Philogene 4:15.42a Springbrook - A
 9 Anjolaoluwa S. Akanni
 12 Malak E Fadlalla
 11 Minda Y. Coulibaly
 4. 11 Ekeka Ogbe 4:15.69a Northwest - A
 11 Aliyah Chandler
 11 Audrey Wychulis
 11 Laure Mbonimpa
 5. 10 Maliyah Gist 4:16.20a Gaithersburg - A
 12 Kayla Gordon
 11 Fahnbulleh Semera
 12 Elena Juarez
 6. 9 Cayden Flowers 4:16.24a Paint Branch - A
 12 Ruth Ayuk-Takor
 11 Eva Valdez
 11 Euphemia Lamptey
 7. 10 Marcela Mason-Rodriguez 4:18.28a Montgomery Blair - A
 10 Gabriella McKenzie
 12 Emma Bergfalk
 10 Kayla Poku
 8. 12 Ava Wilson 4:20.18a Walt Whitman - A
 11 Avery Washington
 12 Ella Werkman
 12 Katherine Greenwald
 9. 11 Aissata Agali Moussa 4:21.96a Seneca Valley - A
 9 Chizitera Nsolo
 12 Danora Plush
 11 Gabrielle Badoo
 10. 12 Alejandra Gomez Alvarez 4:23.84a Walter Johnson - A
 12 Isabella Relacion
 12 Isabel Chomas
 12 Megan Raue
 11. 11 Mathilda DeCosse 4:27.62a Bethesda-Chevy Chase - A
 9 Leila Harleston
 10 Claire Yonly
 11 Adileen Muñiz Lebrón
 12. 12 Aisha Kandji 4:28.05a Clarksburg - A
 11 Neluki Sarathchandra
 9 Layla Zeigler
 12 Jayla Thornton
 13. 10 Kamilah Pinkney 4:40.24a Quince Orchard - A

	12	Stephanie Portillo		
	11	Abondance Buana		
	11	Olivia Donmoyer		
--	10	Keira Tow	DQ	Richard Montgomery - A
	11	Sascha Wadhams		
	9	Nzinga Nu		
	9	Yanning Lin		
--	12	Chesna Foster	DQ	Northwood - A
	10	Addison Finlay		
	10	Angel Fletcher		
	10	Yahnie Charles		

4x800 Relay Varsity - Finals

Splits

1.	12	Amelia Menefee	9:54.87a	Bethesda-Chevy Chase - A
	12	Danielle Krinn		
	11	Alexia Ladstaetter		
	12	Ani Bailin		
2.	10	Marcela Mason-Rodriguez	10:09.19a	Montgomery Blair - A
	10	Ingrid Sullivan		
	12	Julia Robison		
	11	Aurora Della-Giacoma		
3.	10	Mirae Denaro	10:16.87a	Walter Johnson - A
	11	Audrey Blake		
	11	Lily Bienfang		
	12	Megan Raue		
4.	11	Ekeka Ogbe	10:22.37a	Northwest - A
	11	Shreya Modur		
	11	Laure Mbonimpa		
	11	Audrey Wychulis		
5.	12	Emerson Bernstein	10:34.44a	Winston Churchill - A
	10	Opal Siegal		
	10	Emilia Pardo		
	12	Aimee Tukey		
6.	9	Chizitera Nsolo	10:36.82a	Seneca Valley - A
	10	Jariane Martinez Mapp		
	11	Aissata Agali Moussa		
	9	Kendra Carman		
7.	11	Sascha Wadhams	10:38.11a	Richard Montgomery - A
	9	Nzinga Nu		
	10	Keira Tow		
	9	Yanning Lin		
8.	10	Lena Chen	11:21.89a	Albert Einstein - A
	11	Alexa Paz		
	12	Remy Groenendaal		
	9	Evelyn Buxton		
9.	9	Sofia Sigrist	2:46.41	11:29.00a Walt Whitman - A
	10	Lauren Johnson	2:45.31	
	9	Maya Gros-Slovinska	2:55.63	
	11	Lily Velez	37.93	
10.	9	Layla Zeigler	12:09.66a	Clarksburg - A
	9	Ella Geary		
	12	Tess Lovingood		
	9	Hannah Sevilla		
11.	10	Lola Wahl	12:26.46a	Wheaton - A
	11	Sokhna Sow		
	10	Kathryn Abarca		
	10	Myra Boppana		
12.	12	Mallory Coleman	12:32.17a	Gaithersburg - A

- 12 Edem Kumazah
- 10 Rosalina Lizama
- 11 Fahnbulleh Semera

Shot Put - 4kg Varsity - Finals

Field Series

1.	12	Jazmin Terry	36-04.50	Northwest
2.	12	Christella Leukeu	35-07.00	Springbrook
3.	12	Shakira R. Moumban	35-01.00	Springbrook
4.	11	Benedicte Mpiana	33-09.00	Northwest
5.	12	Chika U. Elekwachi	31-04.00	Springbrook
6.	12	Jada Stubbs	29-06.50	Northwest
7.	11	Sydney Altman	29-03.50 PR	Walt Whitman
8.	12	Emily Emilio De Bar...	28-10.00	Clarksburg
9.	11	Madison Flowers	28-01.00	Paint Branch
10.	11	Danielle Nornoo	27-11.50	Paint Branch
11.	10	Dennise Lucas	24-00.50	Clarksburg
12.	12	Megan Nimako	23-10.00	Wheaton
13.	11	Nancy Villatoro-Mar...	22-00.00	Albert Einstein
14.	11	Nouriya Sow	21-02.00	John F Kennedy
15.	9	Adaia Dessimus	19-03.00	Bethesda-Chevy Chase
16.	9	Naomi Brewster	19-00.00	Seneca Valley
--	9	Ruby Bonior	DNS	Walter Johnson
--	11	Chinenye Okeke	DNS	Seneca Valley

High Jump Varsity - Finals

Field Series

1.	12	Daeniyah Dancy	5-02.00	Northwest
2.	11	Kylee Kreafile	5-02.00	Winston Churchill
3.	12	Fiona Narrod-Malcolm	5-00.00	Bethesda-Chevy Chase
4.	10	Funmilola H. Ayoku	5-00.00	Springbrook
5.	12	Onehizeme Egbiremon	4-10.00	Walt Whitman
6.	11	Kari Manzo	4-10.00 PR	Bethesda-Chevy Chase
7.	10	Ellie Shalgian	4-10.00	Seneca Valley
8.	12	Jada Stubbs	4-10.00	Northwest
9.	12	Alejandra Gomez Alv...	4-08.00 SR	Walter Johnson
9.	12	Ava Wilson	4-08.00	Walt Whitman
11.	11	Minda Y. Coulibaly	4-08.00	Springbrook
12.	10	Maddison Jones	4-08.00	Seneca Valley
13.	11	Aliyah Chandler	4-06.00	Northwest
14.	12	Esele Egbiremon	4-06.00	Walt Whitman
15.	12	Kesare Bakare	4-04.00	Gaithersburg
--	11	Abondance Buana	NH	Quince Orchard
--	10	Raphaella J. Okui	NH	Springbrook
--	9	Ruby Bonior	DNS	Walter Johnson

Pole Vault Varsity - Finals

Field Series

1.	12	Ava Wilson	10-06.00	Walt Whitman
2.	12	Jordyn Goldsmith	9-00.00	Seneca Valley
3.	9	Emily Wychulis	8-00.00 PR	Northwest
3.	11	Aurora Della-Giacoma	8-00.00 PR	Montgomery Blair
5.	12	Fiona Narrod-Malcolm	6-06.00 PR	Bethesda-Chevy Chase
--	12	Dana Heissenbuttel	DNS	Walt Whitman

MPSSAA 4A West Region Championships HS

OFFICIAL  Mon, Feb 3, 2025  Prince George's Sports & Learning Complex - Indoor Track, MD L

Mens Varsity

13 / 13 Events Completed

1. Montgomery Blair	99
2. Northwest	64.5
3. Bethesda-Chevy Chase	59
4. Paint Branch	56
5. Winston Churchill	44
6. Clarksburg	43
7. Walter Johnson	39
8. Walt Whitman	23
9. Wheaton	19
10. Springbrook	14
11. Northwood	11
12. Seneca Valley	9.5
13. Albert Einstein	8
14. Gaithersburg	7
15. Richard Montgomery	3
16. Quince Orchard	2

Womens Varsity

13 / 13 Events Completed

1. Northwest	64.5
2. Bethesda-Chevy Chase	58
3. Seneca Valley	52
4. Springbrook	47
5. Walt Whitman	43
5. Walter Johnson	43
7. Winston Churchill	39
8. Montgomery Blair	35.5
9. Wheaton	33
10. Paint Branch	30
11. Gaithersburg	27
12. Clarksburg	12
13. Richard Montgomery	10
14. Northwood	6
15. Albert Einstein	1