

MPSSAA 4A South Region Championships HS

OFFICIAL 📅 Thu, Oct 31, 2024 📍 Fort Washington Park, MD US

Mens Results

5,000 Meters Varsity

Official Team Scores

1. Bethesda-Chevy Chase	39
2. Montgomery Blair	41
3. Northwood	62
4. Eleanor Roosevelt (MD)	81
5. C.H. Flowers	149
6. DuVal	172
7. Northwestern-PG	188

1.	12	Jaleb Saunders	15:56.21	Eleanor Roosevelt (MD)	Q
2.	12	Kieran White	16:08.84	Parkdale	Q
3.	11	Henry Nichols	16:39.60	Northwood	Q
4.	11	Donovan Hicks	16:49.28	Bethesda-Chevy Chase	Q
5.	12	Cadan Felten	16:54.70	Bethesda-Chevy Chase	Q
6.	11	Satchel Jelen	16:56.56	Montgomery Blair	Q
7.	11	Erich Ramos	17:02.29	Montgomery Blair	Q
8.	11	Benjamin Burckle	17:03.73	Montgomery Blair	Q
9.	11	Daniel Skendaj	17:03.82	Bethesda-Chevy Chase	Q
10.	10	Ari Held	17:07.14	Northwood	Q
11.	11	Peter Lanpher	17:09.39	Bethesda-Chevy Chase	Q
12.	11	Aiden Liu	17:21.78	Montgomery Blair	Q
13.	11	Stuart Mallon	17:22.01	Montgomery Blair	Q
14.	11	Evan Blenkinsop	17:57.79	Montgomery Blair	Q
15.	12	Cherian Mampilly	18:05.45	Bethesda-Chevy Chase	Q
16.	9	Bereket Eshetu	18:18.69	Northwood	Q
17.	11	Fanuel Jenberu	18:20.80	Northwood	Q
18.	12	Samuel Richards	18:26.45	Parkdale	
19.	12	Alexander Chhoeu	18:39.85	Montgomery Blair	Q
20.	10	Liam Murphy	18:48.07	Eleanor Roosevelt (MD)	Q
21.	12	Andrew Beckmann	18:50.77	Eleanor Roosevelt (MD)	Q
22.	11	Surafel Wendimu	18:52.68	Northwood	Q
23.	11	Josue Sanchez	18:55.32	Eleanor Roosevelt (MD)	Q
24.	12	Soren Bryan	18:56.96	Eleanor Roosevelt (MD)	Q
25.	12	Anthony Charles	19:10.15	C.H. Flowers	
26.	12	Jason Arteaga	19:10.17	Laurel	
27.	12	Noah Eubanks	19:17.56	Eleanor Roosevelt (MD)	Q
28.	11	Michael Habib	19:43.43	Bethesda-Chevy Chase	Q
29.	12	Joseph Abidogun	19:53.21	C.H. Flowers	

Womens Results

5,000 Meters Varsity

Official Team Scores

1. Bethesda-Chevy Chase	20
2. Montgomery Blair	42
3. Eleanor Roosevelt (MD)	93
4. C.H. Flowers	101
5. Henry A Wise	131

1.	10	Nya Stoian	18:55.94	Bethesda-Chevy Chase
2.	12	Julia Robison	19:00.99	Montgomery Blair
3.	11	Celestine Delannay	19:03.09	Bethesda-Chevy Chase
4.	11	Lilah Rich	20:55.21	Bethesda-Chevy Chase
5.	9	Mariana Song	20:59.05	Bethesda-Chevy Chase
6.	11	Lucy Holland	21:00.61	Montgomery Blair
7.	11	Aubrey Green	21:19.53	Bethesda-Chevy Chase
8.	11	Alexia Ladstaetter	21:28.05	Bethesda-Chevy Chase
9.	10	Marcela Mason-Rodriguez	21:37.14	Montgomery Blair
10.	9	Mariella McElhenny	21:39.80	Eleanor Roosevelt (MD)
11.	12	Emma Bergfalk	21:49.45	Montgomery Blair
12.	10	Violet Ridge	21:55.47	Eleanor Roosevelt (MD)
13.	11	Eliana Dolven-Miller	22:01.42	Bethesda-Chevy Chase
14.	12	Memunot Hassan	22:03.57	Bladensburg
15.	11	Aurora Della-Giacoma	22:19.04	Montgomery Blair
16.	9	Josephine Breslin	22:38.46	Montgomery Blair
17.	12	Malaika Osborne	22:54.19	C.H. Flowers
18.	10	Elysia Sanders	23:07.21	Henry A Wise
19.	10	Meghana Noojipady	23:09.28	Eleanor Roosevelt (MD)
20.	12	Gloria Abikoye	23:17.06	C.H. Flowers
21.	11	Joely Hondros	24:01.29	Montgomery Blair
22.	12	Mariah Yates-Johnson	24:14.83	C.H. Flowers
23.	12	Cloud Barnwell-Conway	24:40.08	Northwood
24.	12	Ugonna Ibegwam	24:41.04	Laurel
25.	11	Erioluwa Adegbohun	24:44.03	C.H. Flowers
26.	10	Ramata Jalloh	24:51.19	C.H. Flowers
27.	12	Juanita Ohwaga	24:57.74	C.H. Flowers
28.	9	Lyla Wold	25:20.96	Eleanor Roosevelt (MD)
29.	11	Ava Forsbacka	25:24.06	Northwood
30.	11	Sia Conteh	26:13.54	Henry A Wise
31.	9	Nylah Brown	26:25.24	Henry A Wise
32.	11	Irisbelli Helena	26:39.15	Laurel

30. 12	Marcus Bryant	20:11.41	C.H. Flowers		33. 12	Katelyn Smith	26:46.50	DuVal
31. 10	Caldwell Ford	20:15.09	Laurel		34. 9	Alana Cousins	27:12.21	Laurel
32. 11	Devin Harley	20:15.17	Henry A Wise		35. 10	Emily Cary	27:19.94	Northwood
33. 10	Kyree Jackson	20:16.74	Henry A Wise		36. 11	Enaya Durrani	27:27.44	Eleanor Roosevelt (MD)
34. 11	Kenneth Gray	20:52.97	Northwood	Q	37. 9	Aaliyah Vargas	28:18.61	Henry A Wise
35. 12	Clive Headley	20:58.21	DuVal		38. 10	Prisha Shah	28:22.55	Eleanor Roosevelt (MD)
36. 12	Luis Cruz-Pascual	20:59.47	Laurel		39. 11	Lauran McKie	28:24.13	Laurel
37. 11	Tobin Connelly	21:03.75	Bethesda-Chevy Chase	Q	40. 10	Esme Bryan	28:29.67	Eleanor Roosevelt (MD)
38. 12	Cameron Vincent	21:17.84	DuVal		41. 10	Michaela King	28:29.97	DuVal
39. 10	Kidus Eskindir	21:55.48	DuVal		42. 11	Asia Kelly	29:17.91	Bladensburg
40. 9	Henry Kilpatrick	22:04.75	Northwestern-PG		43. 9	Somerraye Tucker	29:35.96	Henry A Wise
41. 10	Shawford Jackson	22:10.73	Eleanor Roosevelt (MD)	Q	44. 10	Dorcas Adebowale	29:43.68	Bladensburg
42. 10	Diontae Graham	22:16.43	Henry A Wise		45. 10	Blessing Samba	33:39.40	Parkdale
43. 12	Paul Ajayi	22:20.85	Bladensburg		46. 10	Anna Toure	35:31.68	Northwood
44. 12	Gerson Ramos-Flores	22:23.90	Northwestern-PG		47. 11	Brooke Davis	37:46.24	Parkdale
45. 10	Muka Tijani	22:26.46	C.H. Flowers		48. 11	Xiomara Lutchman	37:54.51	Parkdale
46. 11	Adekunle Olufemi	22:38.99	Laurel		49. 10	Aniyah Wharton	42:58.43	Bladensburg
47. 9	Samuel Sakoya	22:50.56	C.H. Flowers					
48. 12	Godwill Deguenon	23:10.05	Henry A Wise					
49. 11	Cederick Fogwe	23:20.79	DuVal					
50. 12	Dellano Kelley	23:23.65	Northwestern-PG					
51. 11	Desmond Medder	23:43.52	Northwestern-PG					
52. 10	Nathaniel Morrell	23:47.97	Northwestern-PG					
53. 11	Zachariah McGill	24:41.41	Bladensburg					
54. 11	Junior Abin	24:45.37	DuVal					
55. 10	Nathan Isaacs	24:46.73	DuVal					
56. 9	Naylen Darden	26:59.14	Bladensburg					
57. 9	Paris Mbah	28:07.39	Bladensburg					
58. 12	Abdul Turay	28:23.72	DuVal					
59. 9	Jonathan Johns	32:08.89	Parkdale					

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