

NFHS July Quiz 1

1. What is the length of the Coaching Box:

- A. 6 feet.
- B. 14 feet.
- C. 28 feet.
- D. 38 feet.

2. Assistant Coaches may leave the bench to prevent a fight from escalating. T-F

3. A headband shall be nonabrasive and unadorned, and it shall be no more than:

- A. 2 inches wide
- B. 3 inches wide

4. Team A does not use any of its timeouts in the first half. How many timeouts shall Team A have available to use in the second half?

5. The maximum timeouts a team can have in overtime is "2". T-F

Answers:

- 1. C-1-13-2. Teaching Point- Have Game Awareness. Master Rule Differences.
- 2. True- 10-5-5-Exception. Teaching Point- Identify Engaged Matchups.
- 3. B- 3-5-4-b. Teaching Point- Have Court Awareness. Master Rule Differences.
- 4. Three 60 second timeouts and Two 30 second timeouts. 5-11-1. Teaching Point- Master Rule Differences.
- 5. False- 5-11-1. Teaching Point- Master Rule Differences.